

# TALK OF THE COLONY

THE OFFICIAL MONTHLY MAGAZINE OF THE FORD'S COLONY HOMEOWNERS ASSOCIATION

## Board of Directors Meetings

06/23/2015 – 9:30 a.m.  
Work Session

06/25/2015 – 2 p.m.  
Regular Meeting

BOD Agenda and Minutes  
are available at [fchoa.org](http://fchoa.org)

Thank you to the Volunteer Management Committee, Board of Directors, and Realtec Community Services staff for a very nice Volunteer Appreciation party on April 23 at the S&T. All volunteers are glad to be recognized, and we appreciate the effort it took to plan and to deliver a nice party for all of us.

Visit *Ford's Colony Living*  
on Facebook



[fchoa.org](http://fchoa.org)

## From THE BOARD

# BIG PROJECTS COMING UP THIS MONTH

BY CHARLIE OHLINGER, BOARD OF DIRECTORS VICE PRESIDENT



If you drive on Ford's Colony roads, walk the paths, or make use of the Swim & Tennis Club, you'll definitely want to read this article!

FIRST, using the FAA and USAF technique for keeping runways solid and lengthening their service life, our HOA will start a pilot program in June to do the same to our main roads. It's called *rejuvenation*.

This project was announced at the February HOA Annual Meeting, and there have been several paving articles in the *Talk of the Colony* since then. You will also find additional information on the inside pages of this edition as well.

Rejuvenation is a good deal for us. It extends the life of the pavement, saving a lot of money and lessening upward pressure on HOA fees...and it makes the road surface look new.

It will not, however, be without impact. Fortunately, the contractor has considerable experience in rejuvenating roads in other communities. Additionally, our security and roads staff and volunteers will be heavily involved in managing traffic. It will be critically important to follow their directions, as driving on the rejuvenated road before it's dry can permanently scar your vehicle's finish and leave marks on the road surface. With ideal humidity and temperature conditions, drying should take no more than a few hours. Residents will always have access into and out of their street, but travel time will be increased during the process as a result of traffic control actions.

*Rejuvenation* is planned for St Andrews, Manchester, and Ford's Colony Drive from the St. Andrews card key gate entrance to the Country Club during the week of

June 8. Specific dates and times will be announced each day. Please avoid these areas if possible, and be careful (and patient) if you must use them.

SECOND, regular annual *repaving* will also occur in the June time frame. Scheduled are Western Gailes and all of its side streets, South Turnberry and all of its side streets, and Ansley.

THIRD, the walking paths along St. Andrews and Edinburgh, from the Marriott to John Pott, will be *patched* and *overlaid* in the June timeframe.

FOURTH, there are two areas (bays) in the Community Services Building (CSB) which have been leased out for the past five years. One of those, (Bay 2) reverted to the HOA in January, and is now being remodeled into a multi-purpose exercise/dance area. The new entrance door and sidewalk will be located to the left of the CSB main entrance. Completion is scheduled for mid-June.

FIFTH, the CSB project will be completed prior to the start of the S&T Club project, which will totally renovate the restrooms. This major effort may cause closure of parts of the S&T at some point. However, the renovation has been purposely scheduled in the summer when many activities and clubs are not meeting. This scheduling, in combination with the new meeting room and exercise/dance room at CSB, will lessen the closure impact. Look for more info on this from Chris Schwenker, once the dates are solidified.

The end result will definitely be worth it. The seldom-used showers and lockers will be eliminated in each restroom, making room for additional toilets to accommodate the increased patronage

CONTINUED ON PAGE 3



**FCHOA MANAGEMENT & SERVICES CONTACTS**

Administration . . . . . 258-4230  
 FAX: 258-4065  
*communityservices@fchoa.net*

General Manager . . . . . Drew Mulhare  
 Assistant General Manager . . . . . Sally Walls  
 Project Maintenance Manager . . . . . Ryan Lee  
 Owner Services Coordinator . . . . . Audrey Miller  
 Bookkeeping Administration . . . . . Jo Lilley  
 Administrative Assistant . . . . . Jenny Holland  
 Administrative Assistant . . . . . Denise Sears  
 ARC Manager . . . . . Lynn Combs

Recreation . . . . . 258-4270  
 Chris Schwenker, *Activities & Recreation Manager*  
 Security . . . . . 258-4080  
 Deb Brown, *Chief of Security*

**BOARD OF DIRECTORS**

President . . . . . Jim Doeblner  
*jimdoeblner.fchoa@cox.net 221-0749*

Vice President . . . . . Charlie Ohlinger  
*charlie.ohlinger@outlook.com 229-7568*

Treasurer . . . . . George Spalthoff  
*gws313@cox.net 258-2467*

Secretary . . . . . Mark Mathews  
*mmathews3154@gmail.com 206-1073*

Director-at-Large . . . . . Bob Lund  
*boblund.fchoa@cox.net 645-3510*

Director-at-Large . . . . . Pete Peterik  
*ppeterik.fchoa@gmail.com 345-0136*

Director-at-Large . . . . . Steve Riddle  
*stevriddle.fcbod@yahoo.com 206-1181*

**STANDING COMMITTEES**

Activities Committee . . . . . Debbie Abrams  
*dabramshome@hotmail.com 603-6630*

Architectural Review Committee . . . . . Rick Boye  
*fwboye@cox.net 220-8852*

Communications Committee . . . . . Barb Plate  
*blpquilter@aol.com 345-2438*

Covenants Committee . . . . . Tony Annoni  
*tannoni@cox.net 565-7272*

Emergency Preparedness Committee . . . . . Don Alms  
*dralms@cox.net 220-9454*

Facilities Committee . . . . . Bill Brenner  
*urbrenner2@gmail.com 565-5163*

Finance Committee . . . . . Rick Munro  
*rmunro3@cox.net 345-3785*

Nominating Committee . . . . . Norm Beal  
*normanbeal@cox.net 565-3367*

Roads and Project Maintenance . . . . . Bob Moeller  
*bmoeller5.rm@gmail.com 206-1276*

Security Committee . . . . . Mike Kerley  
*mlkerley@cox.net 565-2573*

Strategic Planning . . . . . Al DeWalle  
*adewalle@mindspring.com 221-8158*

Technology . . . . . Rick Chase  
*rachase@msn.com 645-0201*

Volunteer Management . . . . . Denny Pierce  
*dwpconsult@cox.net 784-7838*

The *Talk of the Colony* is the official monthly magazine published by the Ford's Colony at Williamsburg Homeowners Association. © 2015 TOC. Any commercial use of material in this magazine, in part or in whole, without the expressed written consent of the FCHOA Communications Committee, is strictly prohibited.

Articles for publication must be submitted via email no later than the 10th of the previous month. Send submissions to *jholland@fchoa.net*. All copy is subject to approval, editing and use by the Communications Committee. Concerns and questions about content should be directed to the Chair of the Communications Committee.

Advertisements do not imply any endorsement by the Homeowners Association or Realtec Community Services.

**RESIDENT CONCERNS**

Any resident with a community maintenance concern should go to *fchoa.org* and click on *Report Maintenance Issue* or call RCS at 258-4230. Your message will be logged in and the concern will be tracked to its resolution.



**HAPPY FLAG DAY**

BY SUE McSWAIN

It's time to display your patriotism, as Flag Day is almost upon us! Of course, the United States flag can be displayed on any day, but June 14 is one of several days when it is especially important to fly Old Glory.

No one knows with absolute certainty who designed the first stars and stripes or who made it. Until the Executive Order of June 24, 1912, neither the arrangement of the stars nor the proportions of the flag was prescribed, leaving flag makers to sometimes arrange the stars and stripes in any way they favored. In general, however, straight rows of stars were used and proportions similar to those officially adopted later.

The principal acts affecting the flag of the United States include:

- ❖ The first Flag Act of June 1777 which stated: "...the flag of the United States be made of thirteen stripes, alternate red and white; that the union be thirteen stars, white in a blue field, representing a new Constellation."
- ❖ The Act of January 13, 1794, which provided for 15 stripes and 15 stars
- ❖ The Act of April 4, 1818, provided for 13 stripes and one star for each state, to be added to the flag on the 4th of July following the admission of each new state

Most of us already know some of the common customs and rules to which we should adhere when flying the flag:

- ❖ It is customary to display the flag from sunrise to sunset, but it may be displayed at night if it is illuminated
- ❖ Only all-weather flags should be displayed on days when the weather is inclement
- ❖ Let it fly freely; it should never be blocked, held still, or touch the ground
- ❖ The Union must always be up
- ❖ During the hoisting or lowering of the flag, US civilians should face the flag and stand at attention with their right hand over the heart
- ❖ When the flag is lowered, it should be received by waiting hands and arms
- ❖ To store the flag, it should be folded neatly and ceremoniously
- ❖ The flag should be cleaned and mended when necessary
- ❖ When the flag is no longer fit to serve as a symbol of our country, it should be destroyed by burning in a dignified manner

If you have a flag that should be retired, the American Legion Post 1776 has a drop-off bin at the Ace Hardware Store on Richmond Road.

**COMMITTEE MEETING CALENDAR**

Activities Committee	06/05/2015	9 a.m. S&T
Communications Committee	06/10/2015	9 a.m. CSB-B
Facilities Committee	06/18/2015	10 a.m. CSB-A
Finance Committee	06/22/2015	3 p.m. CSB-B
Roads & Project Maintenance	06/17/2015	3 p.m. CSB-B
Security Committee	06/09/2015	3:30 p.m. CSB-B
Strategic Planning Committee	06/03/2015	4 p.m. CSB-B
Technology Committee	06/03/2015	4 p.m. S&T
Volunteer Management	06/10/2015	2 p.m. CSB-B

The Nominating Committee, Covenants Committee, and Emergency Preparedness Committee do not hold regularly scheduled monthly meetings. The committee meeting schedule can be verified at *fchoa.org*. S&T is Swim and Tennis Club; CSB is Community Services Building.

**PHOTO CONTRIBUTORS** Deborah Rockafellow, Cam Place, Mike Jaskowiak, Phyllis McBriarty, Barb Plate, Pam Purrone, Vicky Shaw, Tom Thompson, Jan York.

**AD REQUIREMENTS**

Resolution	File formats	To reserve space, call Jenny Holland or Jo Lilley, Advertising Managers – (757) 258-4230.
Type and line art – 600 dpi at 100% printed size	PDF or JPEG	
Photos – 300 pixels per inch at 100% printed size	(maximum quality).	

## PROJECTS (CONT.)

since the originals were installed 25 years ago. Each restroom will also have two sinks, a diaper changing station, and a handicapped access toilet.

So, that's the plan for the next couple of months. There's more information in other articles in this *Talk of the Colony*, and look for timely emails with added detail. As indicated at the start, almost everyone will be impacted at some time, so please be patient, and remember how great everything will be when it's all done.

On another subject, I'd like to thank all of you who take pride in displaying the US flag. We're now in the flag flying

season of Memorial Day, Flag Day, and Independence Day. As just one of many military active duty, veterans, and retirees who have chosen Ford's Colony as their home, I think I speak for all of us when I say how good it makes us feel to see the American flag displayed by so many of our neighbors—it always makes us feel extra proud to have served.



## ARCHITECTURAL REVIEW COMMITTEE (ARC) HANDBOOK REVISIONS – MAY 2015

RICK BOYE – ARC Chair

The Architectural Review Committee is making every effort to keep the Purchaser's Handbook current, as changes or additions to our policies occur. The Purchaser's Handbook is available online at the FCHOA website. The ARC submitted the proposed changes to the HOA Board for their approval; we are now following up with this notification in the TOC to make you aware of the revisions.

Two revisions to the Handbook were made:

1. On page 12, first paragraph, we proposed the sentence, "Painted brick is not permitted," to make it clear that this is not an option.
2. On page 17, following paragraph 2, we proposed a new rule dealing with home video surveillance

cameras. "The installation of video cameras/surveillance equipment is considered an alteration of the exterior of the buildings that will require written approval of the Architectural Review Committee before installation. Installation approval of video cameras and surveillance equipment will only be given upon consideration of its effect on neighbors' right to privacy and quiet use and enjoyment of their property. Installations will not be permitted that the Committee determines will cause an unreasonable interference with neighboring residents' reasonable expectation of privacy. Whenever possible the cameras shall be placed in the least intrusive or visible location."

## FORD'S COLONY DANCE BAND

On Sunday, June 7 from 5 to 8 p.m. join us at the Ford's Colony Belvedere for the 2nd Outdoor Concert and Picnic. The Belvedere is on the grass-covered circle at the end of Ford's Colony Drive. Admission is FREE and tickets are available at the Community Services office or the Swim & Tennis manager's office. Bring your own picnic, or purchase food and drinks from the Country Club. You can pre-order and pick up at Harry's Tavern, or you can buy from a refreshment stand located at the Belvedere. Bring your own lawn chairs and blankets. This event is co-sponsored by the HOA, Ford's Colony Country Club, and Marriott's Manor Club. Kick off your summer season with us. In case of bad weather, a colony-wide email will be sent, and the rain date will be Sunday, June 14. See you at the Belvedere!

### ARC

April 2015

#### Completed

Single Family	2,359
Townhomes	80
Eaglescliffe Condos	24
Total:	2,463

#### Under Construction

57

#### Applications YTD

15

#### New Starts

Homesite 63/Section 31 - 215 Cruden Bay  
J. Lloyd Builder Incorporated  
Mr. and Mrs. Jim Gallagher

Homesite 5/Section 35 - 3419 Westport  
Stonehill Company  
Spec

#### ARC Submission

All construction, including additions and modifications to existing structures, must be approved by the Architectural Review Committee. Submission forms and guidelines are available at the Community Services Office. Property owners may view any house or site plan on file with the ARC at the Community Services Office. Plans for new construction will be posted on the message board at [fchoa.org](http://fchoa.org). The ARC meets on Tuesdays on an as-needed basis. See [fchoa.org](http://fchoa.org) for confirmation of meetings.

## COMMUNICATIONS COMMITTEE SEEKS NEW MEMBER

Committee members do not have to come up with what to write about—the subjects come to us! Here's your chance to interview residents, write and/or edit articles, assist with the FCHOA website and Facebook page, contribute photos, and have fun doing it!

We are looking for volunteers with a variety of skills, including reporting, writing, editing, photography, and computer use. Experience with Microsoft Word and email is particularly important, as well as attendance at a monthly meeting. We are flexible with travel and other personal responsibilities.

Help keep the *Talk of the Colony* your favorite magazine. Please complete the volunteer application on the FCHOA website or contact Barb Plate at [blpquilter@aol.com](mailto:blpquilter@aol.com).



DREW MULHARE  
FCHOA Manager

## The Time is Here!

As Charlie Ohlinger and Ryan Lee explain in their articles, our first venture into rejuvenating roadways is scheduled to begin the week of June 8. Of course, we would like to be more specific in our articles, written four weeks in advance, but weather and contractor issues will shape our plan. We will use email to continue to update you on the start and the progress throughout. If we have it our way, the work will start the morning of June 8 and finish June 10. The attention is now directed toward the northern half of Ford's Colony—the St. Andrew's loop. However, to our friends on the south-side Edinburgh loop, please pay attention, because you will be next in 2016.

Cooperation is the theme. Your patience will go a long way, knowing that your Association volunteers and staff are doing the best they can to control the work, control the traffic, and limit the inconvenience. There will be inconvenience. Traveling in one-way traffic at a very slow pace, avoiding cones in the road, and watching for directions will be key. If you must travel, give yourself ample time for delays, and for possibly driving half-way or more around St. Andrews to get to an exit on your side of the road.

If it looks wet—it is! The oils will be absorbed into the pavement at different rates due to many variables. Cure time may be 48, or more, total hours.

“Dry enough to drive on” time may be two hours in the sunshine or three plus hours in the shade. Just know that you cannot drive over it until we

remove the cones from that lane. It will be that simple for cars.

“Dry enough to walk on it” could take several hours, to avoid marking your sneakers.

“Dry enough to touch it,” including your pets' paws, could be the next day or two in some areas.

But if it looks wet—it is! Some oil will pool or bead on the surface, so just avoid it. This will be a good time to exercise your pet, and yourself, on your own cul-de-sac or over on Edinburgh and Williamsburg West, rather than venturing out onto St. Andrews Drive. We will have our hands full helping visitors, including Marriott and Country Club guests, so we are relying on our property owners to know the plan and to follow directions. Our savings in long-term reserve funds will be very significant and worth everyone's cooperation.

Now for the fine print, and please excuse my bluntness, but you know I have to say it...if you drive over it before cones are removed or if you walk on wet areas, the responsibility for any damage to your car or shoes will be yours.

Renovations to the CSB Bay 2, to convert the warehouse space to exercise space, will be complete, and we will be open for activities in June. Chris Schwenker will be coordinating with the leaders of the exercise groups, but we will make email announcements to all. Renovation will then occur at the S&T bathrooms June 8 – August 31. The left side of the S&T building and left side walkway will be closed for construction. Many groups will not meet during the summer months, but the large room and kitchen will remain open as much as possible. Access to the pool will be both through the main building doors and along the right side driveway. The bathrooms on the pool deck will be available, as well as a couple of port-a-potties outside by the kitchen. Not exciting, I know, and perhaps this is the reason many groups will not be meeting this summer. The S&T pool *will be open*.

Thank you for your cooperation while we execute these two significant 2015 projects.



**Zac's Lawn & Landscape LLC.**  
**757-903-9184**      **ZacsLandscape.com**

**SPRING PROJECTS!**

- Mulching
- Pruning ~ Planting
- Hardscapes:**
- Retaining Walls ~ Paver Patios ~ Walkways
- Debris Removal:**
- Tree Removal ~ Storm Cleanup
- Drainage Solutions



★

CHECK OUT OUR  
NEW WEBSITE!

As the Owner, I personally guarantee great work at a great price.  
I look forward to hearing from you... V/r Zachary



DEB BROWN  
Chief of Security

## Sales Tax Holidays & Hurricane Preparedness

The VA General Assembly agreed to two sales tax holidays, so if you missed the May 25–31 period, plan on taking advantage of the next one from August 7-9. The VA Dept. of Taxation [tax.virginia.gov](http://tax.virginia.gov) website reads: “During this seven-day period, (*the May dates*) purchases of items designated by the Department of Taxation as hurricane preparedness equipment are exempt from the Virginia sales tax. Portable generators priced at \$1,000 or less, gas-powered chainsaws priced at \$350 or less, chainsaw accessories priced at \$60 or less, and other eligible items priced at \$60 or less for each item are exempt from sales tax. For details, visit our Hurricane Preparedness Equipment Sales Tax Holiday (web) page.”

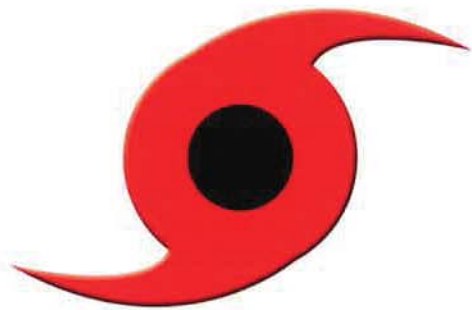
June 1 is the start of hurricane season, which lasts until November 30. Now is the time to prepare for what may come. In September 2003, Hurricane Isabelle struck with sustained winds of 76 mph, gusts of up to 100 mph, and over 10 inches of driving rain. Trees and limbs were down and debris was everywhere; the power was out for days. It can happen again, so be prepared!

The FCHOA website has information from the Emergency Preparedness Committee that can get you started. Check it out at [fchoa.org](http://fchoa.org) under Residents, then Documents. Look for the Emergency Preparedness Guide and the Emergency Preparedness Event Documents. James City County’s and FEMA’s websites have great tips for your shelter in place preparation,

including the following:

- 1. If you need to leave, know how to evacuate** by understanding the I-64 evacuation plan. See [virginiadot.org](http://virginiadot.org).
- 2. Find assistance for someone with special needs** by contacting the Department of Social Services at 757-259-3202 or by email today. The County’s special needs assistance program is for anyone who may need assistance during or after a storm.
- 3. Gas up your car** as soon as you know a storm is coming.
- 4. Get your pets ready** since they are part of the family and need food, water, and possibly medication. Put aside any medical records in a waterproof bag and keep it and rabies tags and leashes in a safe place.
- 5. Trim your trees**, especially any with low branches and trees that are weak or dead near your home.
- 6. Get your home ready** by securing loose items before the winds begin to blow.
- 7. Stock up** on essentials like water, canned goods, and non-perishable snacks just in case you can’t get out.
- 8. Make a plan to keep in touch** so you can make sure your out-of-town family members know how to reach you and you have a way to reach them.
- 9. Own a portable radio and extra batteries** so when the power goes out, you can stay connected to local information.
- 10. Know where to find local information** before, during, and after a hurricane. It’s critical for your safety and that of your family.
  - Sign up for JCCAlert
  - Follow JCC on Facebook and Twitter
  - Visit the County website
  - Tune in to Tide Radio 92.3 FM and WMBG AM740

Be safe.



Free Estimates

Rated **A** On **Angie's list**

# Maid All Clean

Licensed-Bonded-Insured

Residential & Commercial Cleaning Services

757-775-4315 • [maidallclean.com](http://maidallclean.com) • [maidclean.angela@yahoo.com](mailto:maidclean.angela@yahoo.com)



**RYAN LEE**  
Project Maintenance  
Manager

## Roads are Getting a Makeover

As of the writing of this article, asphalt rejuvenation of St. Andrews, Manchester, and the second half of Ford's Colony Drive (beginning where paving ended last year and ending in the roundabout at the Country Club) is scheduled for the week of June 8.

Once the project is closer to starting, a blast email will be sent out to the entire community, and all residents who live on streets adjacent to the roads being rejuvenated will have a letter and diagrams delivered to their paper boxes. There is the possibility of a date change due to weather and contractor scheduling. Changes will be communicated to the community.

Work is expected to take two to three days. Each day that work is taking place, St. Andrews will be set up as a one-way road with cones placed on the centerline of the road. At each intersection with St. Andrews, cones will be put down to guide cars towards the direction of traffic on St. Andrews for that day. The diagrams that will be delivered to the newspaper boxes will state which way the traffic will be going the first day and show the opposite for the following day. While we hope to be able to rejuvenate one half of the road each day, it's possible that traffic will continue in the same direction the second day, if the work takes longer than anticipated. In addition to the cones, we will have a combination of RCS employees and FC volunteers directing traffic at each intersection where work is taking place. Ford's Colony Drive will have one side

of the road completed at a time, and the side where work isn't taking place will be a two-way street with cones identifying the centerline of the road. When Manchester is in progress, it will become a one-way street with staff performing traffic control.

It is imperative that everyone drive cautiously and follow all of the cones, traffic signs, and directions given by traffic control personnel. **If anyone drives over the rejuvenator product before it has time to dry (3 to 4 hours, but possibly less if conditions are right), their car will be damaged and possibly require paint repairs.**

Most importantly, everyone must avoid walking on or touching the product for 24 hours. While the product is non-toxic, it is difficult to get off your skin, and your shoes will track the product into your car or home. If you do get the product on your skin, use soap and very warm water to remove. During this rejuvenation process and the following day after completion, portions of the walking path will be closed where the path requires users to cross the street.

At all times during the process, residents will be able to enter and exit their side street. That being said, there will be delays in your travels and you will be required to take alternate routes home on the day(s) that the one-way traffic is not your typical route home. The Board, RPM committee, and RCS encourage everyone to avoid traveling on the days that rejuvenation is taking place. If you have any guests coming on this day, see if you can reschedule. The less traffic during this process, the better it will be.

We appreciate everyone's patience during this process and want to remind you that while this is an inconvenience, this method of addressing the roads is saving the FCHOA a considerable amount of money. In addition to that, it delays the need for an asphalt overlay, which is also an inconvenient process. Lastly, the uniform look of our main roads that will be produced will undoubtedly improve the aesthetics of the community.



**PROFESSIONAL EXTERIOR CLEANING**

**ROOF CLEANING** **HOUSE WASHING** **DECK RESTORATION**

**Lenny's Power Washing & Sealing, Inc.**

Give us a call today for your **FREE estimate!**  
**757.810.1957** or **804.922.7928**  
SPECIAL OFFERS at: [www.facebook.com/lennyspowerwashing.com](http://www.facebook.com/lennyspowerwashing.com)

# POOL HOURS

## 2015

**Swim & Tennis Club Pool** will be open daily from 8 a.m. until 8 p.m. Water aerobics classes are scheduled from 8:45 - 9:45 a.m. weekdays. Swim lessons throughout the Summer will be at 10:15 a.m. Check the *Talk of the Colony* for the actual dates of classes, lessons and required pre-registration information.

**Westbury Park Pool** will be open weekends only until June 14 from Noon till 8 p.m. Beginning June 16, Westbury Park Pool will be open daily Noon till 8 p.m. Friday nights will remain open until 9 p.m. as long as there are guests in attendance.

Westbury Park Pool will be closed to residents on Mondays, June 15, 29, and July 20 to accommodate the Ford's Colony Killer Whales home swim meets. If any of these meets are not held on these scheduled days, they will be held the following day as per the requirements of VSPU.

To find out if the pools are open or closed because of inclement weather, you may call 757-258-4707 and listen to the message.



## FORD'S COLONY POOL RULES AND REGULATIONS

This is an abridged version of the Rules and Regulations for use of the pools in Ford's Colony. To review them in their entirety, please access them on the *FCHOA.org* website under Documents; Swim & Tennis Club Rules and Regulations. This sheet is provided to be cut out of the *Talk of the Colony* and be reviewed by residents and their guests before coming to the pools.

- Certified lifeguards will be on duty during specified hours from Memorial Day weekend till Labor Day.
- **Each FCHOA pool user must register in the log book when entering the pool area.**
- Children under the age of 10 must be accompanied by a supervising person 14 years or older.
- The privilege of any person at the pool is conditional. Lack of swimming ability, bad behavior, or disregard for a lifeguard's instructions may result in the suspension of the privilege to use the pool for one or more days.
- Lifeguards are not responsible for assessing swimming ability; however, the lifeguards may ask a person to leave the pool if he/she deems it appropriate for the person's safety or the safety of others.
- Appropriate, protective, leak-proof swim wear must be worn by any person not toilet trained or incontinent.
- Infants/children using the wading pool at S & T or graduated entrance at Westbury Park must be supervised by an adult at all times.
- A 15 minute break will be taken every hour at a quarter to that hour. The lifeguards will blow the whistle and everyone must leave the pool. At the lifeguards' discretion, consistent with their ability to monitor pool activity, lap swimming and water aerobics exercising may be permitted during this period.
- Swimming when lifeguards are not on duty is not permitted.
- Diving into the pool and running on the pool deck are unsafe and are not permitted.
- Glass containers are not permitted in the pool area.
- Diaper changing is not permitted in the pool area. Facilities are provided in the pool bathrooms to provide for sanitary changing of apparel.
- The Activities and Recreation Manager and/or the lifeguards on duty are authorized to close the pool for health and safety reasons.
- Anyone using the pool must first use the showers provided.

- **Alcoholic beverages are not allowed on the pool deck.**

- Food or beverages are not permitted in the water or within four (4) feet of the edge of the pool. Trash must be placed in waste containers provided.
- Pool toys, floats, balls etc., may be used at the discretion of the lifeguards on duty. Use of these items may not be done when their use impairs the safety or enjoyment of the pool for any patron.
- Pets are not permitted within the pool areas with the exception of service animals on a restraint.

### Enforcement of Pool Rules and Regulations.

- Lifeguards are entrusted with the authority to enforce the Rules and Regulations. They are trained to reduce the risk of serious injury through precautionary enforcement of those rules and direct response to emergencies.
- Lifeguards have whistles to alert those in the pool area.
- One whistle blast will be used to get the attention of the patrons.
- Three whistle blasts will be used to indicate an emergency or event for which everyone will be required to clear the pool immediately.
- FCHOA members and their guests may not interfere with the instructions, warnings or disciplinary actions of the lifeguards. Patron concerns should be addressed with the Activities and Recreation Manager. A patron must not distract the lifeguard on duty.
- Disregard of the Rules and Regulations or the lifeguards' directions may result in the immediate suspension of the privilege to use the pool facilities.
- The Activities and Recreation Manager or the lifeguards may restrict anyone from the use of the pool or pool area if, in their opinion, the individual's presence is detrimental to the health and safety of the individual or others. Lifeguards' enforcement of these rules and regulations is supported by the FCHOA management.





**CHRIS SCHWENKER**  
Activities and  
Recreation Manager

## The Pools are Open!

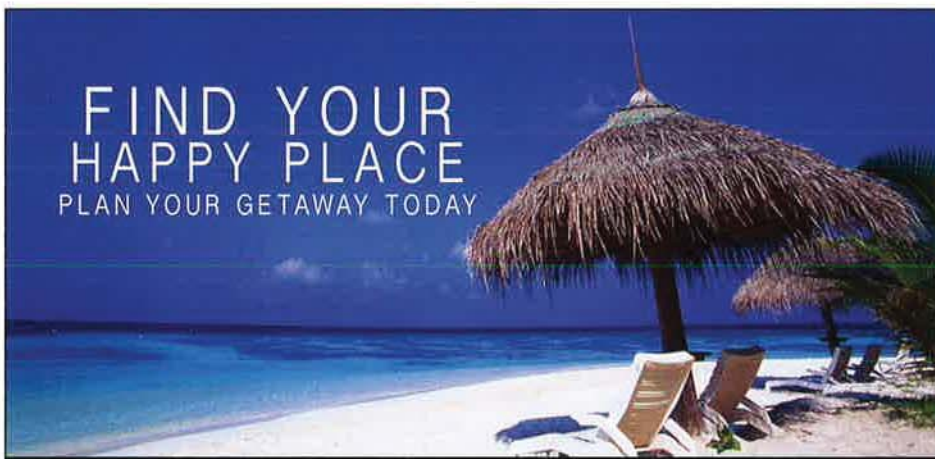
If you get to the pools and you sense that something is different, you're right! The pool decks have been coated to extend the life and look of the concrete. The decks will also be cooler to walk on this summer. The hours for both pools are on a tear-out page in this issue of the TOC for easy posting in a useful place in your home. There is a new information line available to call to check the status of the pools and the Westbury tennis courts. Please call 258-4707 and listen to the posted message. The message will be updated as needed.

The Ford's Colony Killer Whales Swim Team will be practicing daily in preparation for its season. Home swim meets are held at the Westbury Park Pool. This pool will be closed for each of the following days for the home swim meets: June 15, June 29, and July 20. If any meet is postponed because of weather, it is required that the event be held the next day. Thank you in advance for your support of our team.



The S&T bathroom renovation project has been awarded, and construction is scheduled to start in the middle of June. Please bear with us during this project. The S&T Club will remain open, with the main room, kitchen, partition area, and lobby room available, but users will need to use the pool bathrooms or the portable toilets that will be placed outside the S&T kitchen door. Many of our clubs take the summer off, which will lighten the load while this project is being completed.

See you all at the pools for a wonderful summer! Have fun!



**FIND YOUR  
HAPPY PLACE**  
PLAN YOUR GETAWAY TODAY



**Your Travel Butlers**

*we serve you the world*

Contact Phil Cabibi for your personal consultation:  
Call 757-707-3640  
travelbyphil@gmail.com

### EXPERIENCE, RELAX & ENJOY THE WORLD

Representing fine cruise lines and tour companies worldwide. Never a fee to individual clients.

Contact **Your Travel Butlers** for their expert guidance.

Your adventure awaits!

[www.yourtravelbutlers.com](http://www.yourtravelbutlers.com)

**K & J**  
MECHANICAL LLC  
HEATING, AIR CONDITIONING & REFRIGERATION

**Summer is on its way...  
its time for your A/C's  
"Spring Check Up" to make  
sure it is in tip top shape.**

**ONLY  
\$65**

**Ford's Colony Residents  
"Call Us First"  
Schedule Your  
Appointment Today!  
757 585-8926  
[www.kjmechanicalservices.com](http://www.kjmechanicalservices.com)**

# Pavement Rejuvenation

BY BOB MOELLER, Roads and Project Maintenance Committee Chairman

You've heard discussion about this topic at the Annual Meeting in February and other *Talk of the Colony* articles; well now it's almost here!

## What is rejuvenation and how does it differ from typical re-paving projects?

- Rejuvenation is a process that is designed to have oils penetrate into existing asphalt and return the asphalt to its original elasticity. Over time, asphalt goes from a flexible pavement to a more brittle pavement that, rather than "flexing" as it is loaded, begins to crack. The rejuvenation process has been around for some time, and is used by the FAA and military on their runways to prolong the life of the asphalt pavement.
- Typical paving projects, at least re-paving projects, require the existing pavement to be removed or left in place, and then a new layer of asphalt is applied and rolled for smoothness. Because rejuvenation products are liquids, they are sprayed on the existing asphalt at less cost per square yard than re-paving. The rejuvenation process does not take the place of having to re-pave, but rather prolongs the life of the pavement. The intervals between re-paving is longer, thus saving money.

## Why are we doing rejuvenation?

- The major reason to try the rejuvenation process on our main roads



is to save money, while keeping our roads attractive and in good repair. Based on conservative estimates of the extended life of our roads, we'll be able to save more than half a million dollars over the next five years!

- We are focusing on our main roads because there is less cost differential between rejuvenation and re-paving in our side streets and cul-de-sacs. The interval between re-paving is longer, and we don't have as thick a pavement section on our side streets. Additionally, the inconvenience of the slow drying time associated with rejuvenation may be greater on the side streets.

## What is the impact on me as a Resident?

- Because it is a liquid, the rejuvenation product needs to cure and dry on the roadway. We anticipate about a four-hour dry time for the product, during which time **no traffic should be on the rejuvenated road.**
- Initially we were planning to ask residents to not leave their neighborhoods (stay off the main road) during this four-hour window. Since we've selected a contractor and started discussions with him, he has developed a system that will enable travel out of the side streets during the rejuvenation process. *We still strongly encourage residents to stay home during this process, or plan on leaving in the morning and not coming back until late that afternoon.*
- **The traffic patterns will be changed;** the main roads we are going to do, Ford's Colony Drive (from where we stopped paving last year) and St. Andrews loop, will be restricted to one lane. St. Andrews Drive will necessitate one-way traffic, which will result in much longer travel time to get out and in than normally experienced on the day(s) when the one-way direction is opposite of

where you'd normally exit. We hope to be able to rejuvenate St. Andrews Drive and Ford's Colony Drive in two days (one day per half width of the road) but that may require adjustments based on rate of application of the product. The road will be clearly marked and we will have "flaggers" to control traffic from the side streets onto the main road.

- We plan to use a combination of contractor personnel, Management Agent employees, and volunteers to serve as flaggers. We will have to make the entrance of side streets that access the half of the road being rejuvenated, one-lane roads. We will place extra traffic cones to clearly mark the one lane, and have flaggers there to direct exiting and incoming traffic. Working with the Contractor, we feel confident that we can maintain access into and out of side streets, but it will require resident cooperation.

The rejuvenation process is, as you would expect, weather-dependent. We are planning on starting the process in the second week of June, since the warm weather will facilitate drying and curing of the product more quickly.

## Communication

As we get closer to the start of the project, we will provide additional communication via Ford's Colony-wide emails, additional TOC articles, and notices in the mailboxes on those streets affected by the project.

We ask for your patience and cooperation during this project. We will, as previously mentioned, have flaggers who can assist you in getting to the correct side of the road.

The Roads and Project Maintenance Committee thanks you in advance for your cooperation in what we hope will be a project that makes our community even more attractive and keeps your HOA dues down.

# REJUVENATION

## FORD'S COLONY ROADWAYS GET A FACELIFT



- If you must leave your home during this process, please give yourself ample time for travel.
- Cones will guide traffic on how to enter and exit each intersection.
- One half of an intersection will be rejuvenated at a time.
- When exiting the intersection, the cones will guide traffic towards the correct side of the street.
- In addition to the cones, a sign with an arrow will designate which way the traffic is flowing on that particular day.
- There will be one-way traffic going into and out of the side street.
- Follow the cones in order to eliminate the possibility of the rejuvenation product getting on your vehicle.
- While walking, avoid any areas where the product is coned off. You shouldn't walk on the product for several hours after application.
- If it looks wet, it is!

# How to Make a Career of Volunteering

BY KAY ALLEN

Terry and Georgia Lowe moved to Ford's Colony in late 2010 from the San Francisco Bay area. Immediately, they both became involved volunteering within and outside of Ford's Colony. The Air Force has been a family tradition for the Lowes. Terry followed his father's footsteps as a career Air Force Officer. His son, too, is a career officer, and his daughter-in-law is a member of the Air Force Reserves. After 30 years as an Air Force pilot,

Terry retired and joined the commercial airline industry, working closely with safety and maintenance.

Some of you may have taken a course at Christopher Wren Association taught by Terry. He's used his aviation education and experience teaching two courses: *Aviation Aircraft Accident Investigation* and *Aviation Human Factors*. He's planning to teach another course for CWA in *Aviation Safety* this fall.

Volunteering is a way of life for Terry. With many moves, he and Georgia found the best way to know their new community was to get involved. When their son was young, Terry was an active volunteer with schools, sports teams, and Scout troops. He has always been involved with his church, including mission trips within and outside the United States.



In Williamsburg, one of his biggest time commitments has been as an AARP Tax Aide counselor. His work there begins in the fall, planning and directing the district publicity for the winter tax season. In December, he takes the refresher tax course in preparation for the annual mandatory IRS test. February 1 through April 15, you'll find him at Williamsburg Regional Library two days a week assisting taxpayers with their taxes. Like all AARP volunteers, he finds working with local residents a most rewarding experience.

Habitat for Humanity is another organization that has benefited from Terry's assistance. He has been involved with this volunteer program before and after he first moved here. He also spent a year working with adult learners in the local Literacy for Life program.

Terry is completing his fifth year on the FCHOA Communication Committee. During his two years as committee chair, the *Talk of the Colony* grew from a 28-page black-and-white newsletter to a 48-page, magazine-quality, color document with increased advertising.

When asked how long he likes to volunteer for a particular organization, his comment was, "it takes a year to learn, a year to really be involved, and a third year to prepare for the transition for a new person to take over your job." Many organizations have benefited from more than three years of Terry's time.

His advice to others: "Leap in and try something new. Try several things and find what grabs you. Never stop learning." He suggests for folks wanting to get involved, but don't know where to start, contact the HOA Volunteer Management Committee or click on [Volunteerwilliamsburg.org](http://Volunteerwilliamsburg.org).



Tree Removal, Pruning & Stump Grinding

757-810-5098

Class A Contractor

VA Lic. 2705 139166A

Licensed & Insured  
Tree Removal  
Pruning & Stump Grinding  
Over 15 Years Experience  
Commercial & Residential

Dependable Service & Commitment to Quality

## TURN KEY PROPERTY

### "Williamsburg's Choice for Home Improvement" Remodeling and Handyman Services

Your calls will be returned within the hour ... Guaranteed

Here is a partial list of services that Turn Key provides:

- ★ Professional Remodels
- ★ Professional Painting
- ★ New Kitchens and Baths
- ★ New Floor (Tile and Hardwood)
- ★ Wood Rot Repair
- ★ New Porches and Decks
- ★ Property Management
- ★ Custom Built Cabinetry
- ★ Windows, Doors, Siding and Trim
- ★ Moisture Damage
- ★ Bonus Rooms and Garages
- ★ Home Inspection Repairs
- ★ Updated Plumbing and Light Fixtures Installed
- ★ Home Watch Services
- ★ Exclusive Dealer for Artisan Concrete Countertops™
- ★ Handyman Services
- ★ Drywall Repair
- ★ Gutter Cleaning
- ★ Staining & Sealing Decks
- ★ Brickwork Repair
- ★ Windows Washed
- ★ Window Treatments
- ★ Pictures Hung
- ★ Cleaning Services
- ★ Carpentry
- ★ Minor Plumbing
- ★ Power Washing
- ★ and More ...

WARRANTY ON ALL WORK • FULLY LICENSED AND INSURED

References from Ford's Colony Residents proudly provided.

"Our Customers become Customers for Life"

Available 24/7 **757-561-3461**

P.O. Box 6087 • Williamsburg, VA • [phillipbrown2@mac.com](mailto:phillipbrown2@mac.com)

Selling Your Home? Call about our pre-listing checklist.  
Williamsburg Realtors use Turn Key to get their listings SOLD.

## A Visit from the Author of *Poplar Place*: Ellen Butler

BY MARILYN GEIB

Recently Marilyn Geib's Book Group gathered to discuss *Poplar Place* by Virginia author, Ellen Butler, who began her writing career only a few years ago. Ellen, who is Marilyn's daughter, came to talk to the group. *Poplar Place* falls in the genre of "Women's Fiction" and is a novel of romance and suspense.

After light refreshments, everyone was seated and ready to begin. Ellen started the afternoon with a few author gifts, and then proceeded to



answer many questions from the 20 or so ladies present. She entertained the group with insights into her writing process, and answered questions about how to write books, how to find an agent, the editing procedure, and most importantly, how to get a book published. Ellen readily answered the questions with enthusiasm and a spark of playfulness. Guest Gail Simmons said, "It was really great to learn about the publishing process."

Then it was on to the actual book discussion using some of the questions provided on Ellen's website. There were some thought-provoking ideas and lively comments. In the book, newly-minted librarian, Cara Baker, effectively cuts ties with her tumultuous life in Pittsburgh, and moves to South Carolina where she embraces the peaceful, laid-back style of small-town living. Everything seems to be falling

into place when Cara finds the perfect house to round out her plans. Well... perfect except for the immovable hermit living on the top floor. Throwing caution to the wind, she buys the fabulous house—hermit and all—without meeting him. By wooing her reclusive renter with notes and mouthwatering meals, he caves and invites her up to the apartment. Preconceived notions are blown out of the water, when she finds Danny isn't the nerdy Mr. Mole she envisioned. Unfortunately, phone calls from the FBI bring Cara's summer idyll to an abrupt halt and demons from her former life threaten to destroy Cara's tranquility.

Book club members enjoyed having the chance to ask more in-depth questions about the author's intentions or reasons for developing plot and characters in the manner in which she did. Ellen also found it interesting to view the novel through her readers' point of view. Marilyn surprised Ellen with two short books Ellen had written in grade school, a preview of things to come.

Ellen has written other women's fiction and romance novels. Her first publication, *Second Chance Christmas*, was released in November 2013, and she will be releasing her fifth publication, the final book in her "Love, California Style" trilogy, *Art of Affection*, in August 2015. For book club questions or to invite Ellen to your book club, visit her website at [ellenbutler.net](http://ellenbutler.net).



# Dan's Tree Service



**Are you prepared for  
Hurricane Season?**

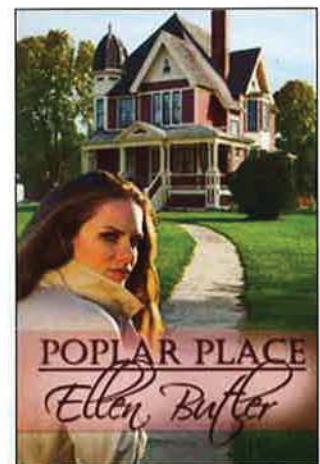


- All Tree Removals • Pruning: Thinning and Shaping
- Emergency Crane Work • Stump Grinding

For a **FREE** Estimate

Visit: **DansTreeService.com**

or Call: **757-206-9073**



# Pieces of the Heart

BY JAN YORK

She is surrounded by pieces of fabric in differing shapes, sizes, and colors. It is hard to believe that these tiny scraps of cotton will one day become a quilt, but Freda Atkins turns these pieces into memories of family, friends, travels, and interests.

Freda estimates she has made over 200 quilts, which she gives to family and friends, with the exception of her son-in-law. "He's a much better quilter than I am." He even did a trunk show for her quilting guild when she lived in Maryland.

Although a long-time seamstress, making clothes for herself and her daughter, Freda didn't take up quilting until 1984 when her husband Marshall, then working for the State Department,



was posted to Guinea in West Africa. "I decided to make a Grandmother's Flower Garden quilt by hand," Freda said, teaching herself as she went along. So what started as something to do while far from home, soon became a passion and her art form.

When they moved to Singapore, Freda met another American woman who owned a quilt shop. She joined her and a group of women from England, Scotland, China, and Indonesia, and "learned all the things I didn't know about quilting."

One of her favorite postings was Australia, and to celebrate that country's heritage, Freda made a quilt of Aboriginal fabrics and Australian scenes including kangaroos. Many of her quilts are traditional patterns: flying geese, double wedding ring, churn dash. Others are more fanciful, such as the Crayola Flower Garden, in which the pattern is enhanced by coloring directly on the fabric.

"Everywhere we've gone I've quilted with groups of ladies," Freda said. "It is such a wonderful thing to get to know people from all walks of life." Some of her quilts come about from the Colonial Piecemakers Quilt Guild's Challenge. One year's challenge was to create a Celebration quilt, so Freda celebrated summer using fabrics that depicted picnics complete with big black ants. That one she named "Uninvited Pests."

In addition to belonging to the Colonial Piecemakers Quilt Guild, Freda quilts with a group here in Ford's Colony. "Once a year," Freda said, "we go to the Outer Banks for a week of quilting, eating, and drinking—without our husbands."

History and culture also play a part in her quilt-making. When replica fabrics from the Civil War became available, Freda made an Underground Railroad quilt with its history sewn on the back. For her sister and neighbor Lawanda Carroll, she made an African motif quilt, and for herself and Marshall, she made a Double Irish Chain quilt "because we have a little Irish in us."



Her favorite pattern is the Baltimore Album. "I like them all," Freda laughingly adds; "I love applique, but I do more piecing than applique." In her spacious quilting room, Freda has four quilts in the works: one on the design board and the others in various stages of cutting and stitching. "I did many other crafts while Marshall was working, but after learning to quilt, I gave up the other crafts," Freda said. "Now all I want to do is quilt and play bridge."

Freda and Marshall Atkins have lived in Ford's Colony for 12 years. They have been married for 59 years, have two children, a son and daughter, and three adult grandchildren. Their lives have been filled with adventure, travel, art, friends and family, creating their own living quilt. From tiny pieces, a pattern emerges, and just as with her fabric quilts, their quilt is made with love.

**Serving Ford's Colony since 2001**



**G. Computer, LLC**

**Computer Repair  
Virus Removal  
Apple / PC Sales  
Data Recovery**

**757.291.4515**  
**g.support@g-evo.com**

## Old Friends, Tell the Young Your Story Before It's Too Late

BY VINCE ABBOTT

We have some friends whose lives had spanned seven decades, even eight!  
Treasure troves of first-hand knowledge they need to communicate.

Our children should know the experiences and the conditions we faced in life  
If they listen, they might learn how to handle things and avoid a little strife

We must write down those memories, before they fly from our brain.  
Your stories should be interesting, short, and your language plain.

Tell them what you saw, what you did and what you've read,  
If you can't tell them, write letters they can read just before bed.

Teach a little history, from our nation's vow to be free of a king,  
To things once common in America, but no longer mean a thing.

Like the baker and the milkman who delivered daily, door to door  
To politician's windy diatribes who gave us taxes you abhor.

Mention our long walks to school, no buses or car pools!  
No iPhones, calculators, or computers – no electronic tools.

Let your grandchildren know the "good old days" were also once "new."  
They'll appreciate how the past forged today – My! How time flew!



## An Alzheimer's Plea

BY JOANNE BELL

Memory begins to fail  
Tears fall for what I cannot retrieve  
Slowly, I retreat into what once was my past  
But which now is my present

Words fail, as I feel those feelings that make me  
Human  
Behavior opens itself unashamedly to impulse

Loneliness becomes companion to the strangeness of the world I see  
Body portrays Today, but harbors within, the Past,  
Now resurrected as if not yet part of memory  
Brain fails body and I need help with simple daily life

I am fading but I remain feeling

I need people who validate my humanness  
I need Companionship and Love, Pleasure and Joy  
Because I am Human  
Who can provide such basic human gifts if  
It were not for you?

Brave, Caring, Patient, Sincere  
Your love rescues me from the insanity of my world  
From the loneliness of my existence  
It connects me to Dignity  
It comforts me as I decline and drift away  
Thank you

## Meet Tyler Shaw

BY BARB PLATE

**T** Tyler is one of those “lucky” kids who has always lived in Williamsburg. Tyler, his brother Austin, and parents Vicky and Greg are active members of the community. And while Tyler is a hometown kid, he has enjoyed seeing some exciting places. His dad has taken him and his brother on a few skiing trips, including one to Vancouver, and the family has enjoyed vacations in distant parts of the country. He and his family also enjoy spending time in Duck, NC at their vacation home. Tyler and his brother like to longboard, as well as go fishing.

Besides all these fun times, Tyler has also given time as a volunteer. He spent two weeks his sophomore summer in Nicaragua through his church, the Williamsburg Chapel. As an Eagle Scout candidate, Tyler along with help from family and friends, constructed fencing around the students’ garden at J. Blaine Blayton Elementary School. Groundhogs had been devouring the

greens and sweet potatoes grown by the students. Check [jbbgarden.blogspot.com](http://jbbgarden.blogspot.com) for more information.

In addition to the time devoted to his studies as a senior at Lafayette High School, Tyler has been involved in sports. He has played soccer and participated in cross-country, as well as wrestling all four years. It is as a wrestler that he put his energies this school year, and Tyler accomplished his goal—to get to the district and state levels of competition. He also received the Sportsmanship School Integrity Award at Lafayette, a reflection of his good character and determination.

This fall, Tyler will enroll at Radford University in western Virginia. He expressed a desire to be “away from home,” since he has lived here all his life. Tyler’s brother, Austin, will be a senior at Christopher Newport University, and his mom lamented that the boys will be “at opposite ends of the state!” It will be an adventure that Tyler welcomes!



*If you or someone you know would like to be featured as the next Ford’s Colony Student of the Month, please email your contact info to [FCColonyKids@gmail.com](mailto:FCColonyKids@gmail.com). We are always looking to highlight the amazing and talented kids in our own community!*

Serving Williamsburg since 2003

# SOWINSKI TILE & MARBLE

Bathroom Remodels, Shower Repairs  
Installation of all Tile & Stone products

**757-771-0859**  
[www.TileVirginia.com](http://www.TileVirginia.com)

**Ben Sowinski**  
Va. License # 2705 089519 Classifications: (BLD) (HIC)

INT’L GOLF IS NOW IN  
WILLIAMSBURG

AS

*Titleist*  
*TaylorMade*  
*Nike*  
*PING*  
*Play Your Best!*  
*Callaway*  
GOLF

**Addicted To  
GOLF**

NEW AND USED GOLF EQUIPMENT

PATRIOT PLAZA  
Next to Jos. A. Bank  
3032 Richmond Rd  
**253-7696**  
[WWW.ADDICTEDTOGOLF.COM](http://WWW.ADDICTEDTOGOLF.COM)

BUY-SELL-TRADE CUSTOM FITTING CLUB REPAIR



# Hollinwell Happenings

BY PAM PURRONE



Residents of Hollinwell recently enjoyed a spring get-together at the Swim & Tennis Club. Catered by Boone's Bar-B-Que, everyone feasted on hot dogs, burgers, baked beans, and homemade desserts.



Four fast-walking neighbors completed the 6th Annual Run on D.O.G. Street last month. The race benefitted the Angels of Mercy Medical Clinic, whose mission is to provide free, compassionate health care to uninsured residents of the greater Williamsburg area.

*From left, Pam Purrone, Bill and Mary Teale, Dorothy Tibbitts*



## Eaglescliffe Neighborhood

Eaglescliffe condo residents enjoyed a beautiful day to share hearty appetizers and mint juleps while watching the Kentucky Derby alfresco.

## Transform Your Kitchen Without Replacing Your Existing Cabinets



**ShelfGenie®**  
EVERYTHING WITHIN REACH™

### CUSTOM DESIGNED GLIDING SHELVES

Gain access to every part of your existing kitchen and enjoy the transformation that customized gliding shelves can bring.

**\$250 OFF**  
**FULL ORDER**

with purchase of 5 or more Glide-Out™ shelves. Offer expires 6/30/2015.\*

Limit one offer per household. \*Valid on Glide-Out purchase with offer. Cannot be combined with other offers. Lifetime Warranty valid for Classic or Designer products only.

**Financing Available**

Call **888.267.1794** for your **FREE** in-home design consultation.

Visit us at [shelfgenie.com](http://shelfgenie.com).

**PAINTING**  
BY SCOTT INC.

## For ALL Your Painting & Home Improvement Needs

Our Services Include:

- Interior & Exterior Painting
- Window & Door Installation
- Carpentry & Sheetrock Repairs
- Pressure Washing
- Roof, Deck & Fence Cleaning
- Improvements / Remodels
- Deck Repair or Construction

And Much More

**Class A BLD #2705111513**



Painting By Scott, Inc.  
328-B Old York Hampton Hgwy.  
Yorktown, VA 23692  
(757)886-1444

[www.paintingbyscott.com](http://www.paintingbyscott.com)



[www.facebook.com/paintingbyscott](http://www.facebook.com/paintingbyscott)

# Back Roads of France

BY TERRY LOWE

As I begin to write this, I'm sipping a delightful glass of French rose wine. This year, Georgia and I decided to explore the less-touristy regions of France. With four of our regular traveling companions from Phoenix and Atlanta, we drove in a rental van clockwise around the country for twenty days.

April was the ideal time of year for this wonderful vacation. The temperature never got too cold or too hot; it only rained one day; the trees, bushes, and fields were in full bloom; and most locals were still at work or in school. Another advantage was the great exchange rate: it took less than \$1.10 to buy a euro, much less than in previous trips to Europe.

We flew into Nice, enjoying the warmer climate of the French Riviera. We attended Easter service in an English-speaking Anglican church, and then strolled the beaches and local markets. Little cafés in the center of town featured daily specials, including entrecote (steak), escargot (snails), and foie gras (goose or duck liver). I'll have to admit that I enjoyed pizza, croque monsieur (toasted ham and cheese sandwich), and fromage (cheese) omelet more....

After two nights in a Holiday Inn, we drove through the resort city of Cannes on our way to Toulon. We checked out the wharf and old town areas on foot, ending up at a local brasserie for "Le Hamburger."

On the next day, we visited the Roman ruins in Arles, fascinated by the amphitheater and aqueduct engineering of two millennia ago. We continued to Avignon, settling in an authentic farmhouse bed & breakfast. Mas de Capelou, for four nights. We walked the old town of Avignon, including the 14th century palace of seven French Popes. We also took a day trip to the famous Pont du Gard Roman bridge. Our one guided tour of the vacation took us to a market in St Remy de Provence, a walk through the small hillside villages of Menerbes and Roussillon, a memorable open air lunch overlooking the vine-



yards, and wine tasting at Domaine de la Citadelle.

On the way to our next stop, we visited the medieval walled city of Carcassonne. Our B&B, La Lanterne, was in the center of the old walled city of Sarlat, run by a very helpful English woman. Our primary focus in the Dordogne region were the caves of Lascaux II and Rouffignac with their remarkable prehistoric, 17,000 year old artwork.



The next three nights were spent in Tours at Hotel Mirabeau, a restored house

looking out on a lovely garden. Over the next two days, we visited Chateau Chenonceau and Chateau Chambord, huge castles with magnificent gardens.

Moving up the west coast of France, we headed to Mont-Saint-Michel. This island mon-



astery and its associated isolation due to the ocean tides was a definite must see!

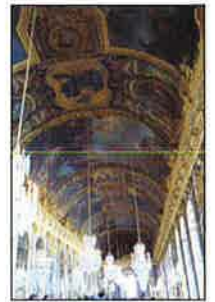
We stayed at a renovated 18th century house, Le Petit Matin, in Bayeux. One of the couples took a guided tour of the Normandy D-Day beaches, while the rest of us stayed in town. We enjoyed a huge outdoor market with colorful vegetables and fruits, live chickens and ducks, fresh breads, and local wines. We also viewed the famous Bayeux tapestry, an embroidered cloth nearly 230 feet long and 20 inches tall, which depicts the events leading up to the Norman conquest of England. We actually ate dinner at the same restaurant both nights, thoroughly enjoying their *plat de jour* of tomato and cheese salad, pepper steak, and chocolate mousse!

Our last few nights in the country were spent in the quaint village of Giverny at the Artists Corner B&B. It was just a five-minute walk to the house previ-



ously owned by the famous impressionist Claude Monet, but we spent well over an hour in the spacious and absolutely beautiful gardens. It was easy to see why he spent many years there, capturing the pond, bridge, trees, and flowers in paint at various times of the year and day.

We then fought rush hour traffic to enjoy the better part of a day at Versailles. Having only viewed this royal palace on television and in magazines, we were overwhelmed by the size and scope of the buildings and gardens.



The huge crowds detracted from the tour and the audio guide didn't work well, but we couldn't help but be impressed by the hundreds of rooms, the Hall of Mirrors, the fabulous artwork, and the marble and gilded furnishing. We only saw a small portion of the extensive gardens, the Grand Trianon, and Marie Antoinette's Petit Trianon, but could understand the envy of the French peasants prior to their revolution.

We spent our last three days in the City of Lights at the Hotel des Grandes Ecoles. All of us had visited Paris before, but a cruise on the Seine with a stop at the Eiffel Tower gave us the big picture. We took in the skyline from Sacre Coeur at the top of Montmartre, marveled at the architectural history of Notre-Dame, and strolled around the d'Orsay art museum. Only after a final dinner at a local café did we head to CDG Airport and bid "au revoir" to France.

All in all, it was another great adventure! We saw several sites on the UNESCO World Heritage list; we enjoyed the cheese, wine, and gelatos; and we met many hospitable Frenchmen. But three weeks was too long to live out of a suitcase, so we were glad to return to Ford's Colony. Vive la France!



## Prepare to be Amuse-d

BY GALE McCUNE

One Saturday a few weeks ago, I headed over to visit a friend in Richmond. Our plan was to attend the French Food Festival, held annually on the grounds of St. Joseph's Home. All the profits go to the Home. But it was a miserable, nasty, chilly, rainy day—hardly the day for an outdoor festival. So what to do?

We decided to go instead to see Van Gogh, Monet, Matisse - The Art of the Flower, the current exhibit at the Virginia Museum of Fine Arts (VMFA). It turned out to be quite interesting, since many of the artists featured were known more for their landscapes than for their still life paintings of flowers. The exhibit runs into June, and closes the first day of summer.

Since our original focus for the day was food, and neither of us had eaten at mid-day, we decided that food took priority. On the second floor of the VMFA is a lovely "fine" restaurant called *Amuse*. We had arrived in that interim time between lunch and dinner, but they serve all afternoon, offering a reduced



number of choices—soups, salads, and small plates. But that suited the two of us just fine!

Although it was about 3 p.m., all the tables were taken, so we were forced to sit at the bar which both of us enjoy. Apparently they call that time period Happy Hour, a bit earlier than the usual, but we were happy to enjoy slightly reduced prices on the drinks. It was a Saturday, after all. Behind the bar is a mirrored wall, which reflects not just the bar patrons, but the outdoors. Even though it was a rainy day, it was still a lovely effect. There is an extensive cocktail menu, so rather than just going for

the typical glass of wine, we decided to test the mixologist's skills. (Interestingly, this particular friend has a 40-something daughter who has been a Mixologist in NYC for many years and has been featured in national magazines for her creativity, having won a \$10,000 prize for a cocktail made with St. Germaine!) Barbara had the Hummingbird, Bison Grass Vodka, Lemon, Dolin Blanc, Crème de Fraise de Bois and Lemon Foam, served in a stemmed glass like an old Champagne glass. (No, I never heard of most of those things either!) With the foam on top, it was quite glamorous! After considerable conversation, the bartender, Tyler, decided to make me something like the Perfect Gimlet I had at the Homestead, and while it might not have been exactly the same, I was perfectly happy—Hendricks gin, lime juice, simple syrup—what's not to like!



Barbara chose their Curried Fried Oysters and Kimchi Tater Tots—not something you see every day. I was more traditional, choosing the chicken liver pate and a salad of local greens and goat cheese. They theme their menu to the exhibit currently being featured, and with each changing exhibit, a couple of the offerings find their way to a relatively permanent place on the menu. For example, those Tater Tots were a hold-over from the previous Asian art exhibit.

If you haven't been to the VMFA, you owe it to yourself to visit, and to check out *Amuse*. Go to [VMFA.museum](http://VMFA.museum) (not .org or .com) to see what's currently on exhibit, and at the bottom of the page, click on *Amuse* to see the general menu. As I said, it changes both seasonally and by exhibit. BTW, the parking is plentiful and free in a garage next door, and although each featured exhibit has a fee to enter, the rest of the museum is free. Enjoy!

### Agapé Home Care

350 McLaws Circle, Ste.2  
Williamsburg, VA 23185  
229-6115  
[AgapeHomeCareVA.com](http://AgapeHomeCareVA.com)



- ♥ Light housekeeping
- ♥ Laundry
- ♥ Meal Prep
- ♥ Errands/Appointments
- ♥ Medication Reminders
- ♥ Bathing & Dressing

**Call today!**  
**We can help with as little**  
**as 1.5 hour and up to 24**  
**hours a day.**

*Thrive in Place*



Licensed, Insured  
& Bonded  
Locally Owned

# Tick Bites and Bee Stings

BY KELLY COX, RN, BSN

Spring has sprung! Days of barbecues, outdoor play, and swimming are near. With the warm weather arriving, pesky bugs will be out in herds. Protect yourself and your loved ones these upcoming months by learning how to prevent and treat common bug bites.



## TICKS

Tick bites are more than just an annoying spring and summer nuisance. According to the CDC, each year more than 300,000 people in the U.S. catch Lyme disease, which is caused by a bacterial infection from a tick bite.

There are several ways to prevent tick bites. Use appropriate insect repellent; avoid tick-infested areas such as high grass or thick brush; and cover up by wearing long pants and socks. A study found in the *American Journal of Medicine* (2014) showed that people wearing clothing (especially shoes) treated with permethrin were 73.6 times less likely to receive a tick bite than subjects who were untreated. Be sure to shower as soon as possible after coming indoors and check your body for ticks. Remember, some ticks are smaller than a pencil tip, so be sure a thorough check is complete. Wash and dry clothing that was worn outside immediately. Pets also can bring ticks into your home, so be sure to check your pets.

If a tick is found, be sure to remove immediately with fine-tipped tweezers. Getting close to the skin's surface as possible, patiently pull upward with gently, steady, even pressure, allowing

the tick to release from the skin. Pulling too forcefully or quickly may cause the head of the tick to be left embedded in the skin. Be sure not to squeeze the tick when removing it, which could result in more bacteria being injected. After removing a tick, be sure to clean the bite area thoroughly with rubbing alcohol or soap and water. Do not try to remove a tick with your fingers or attempt to remove it with a lighted cigarette, matches, nail polish, or Vaseline.

Once removed, save the tick in a tightly closed container with a small amount of rubbing alcohol for identification. A red circular patch may appear five days to a month after a bite by an infected tick. The patch can often expand to a large size. The center of the rash may be clear as it enlarges, resulting in a bulls eye appearance. Not all rashes that occur of a tick bite are due to Lyme disease. Allergic reactions to the saliva can occur but usually disappear after a few days. Consult your health care provider if you or your family member develops a fever, rash, body aches, headache, stiff neck, fatigue, or disorientation after a tick bite. These symptoms would typically appear in the first few weeks following a tick bite.



## BEE STINGS

Bee stings are a common outdoor nuisance in the spring and summer. In most cases, bee stings are just a painful annoyance, and home treatment is all that is necessary to ease the pain. But if a person is allergic to the bee venom or gets stung numerous times, a more

serious reaction can occur and require emergency treatment.

If stung by a bee, remove the stinger as soon as possible. Wash the sting area with soap and water and apply a cold compress or ice to relieve pain and ease swelling. For a moderate reaction, hydrocortisone cream can ease redness, itching, or swelling. If itching or swelling is bothersome, an oral antihistamine (Benadryl) may be taken. As with any medication, consulting a physician is recommended first. If a person experiences skin reactions (hives, itching, flushed, pale skin), difficulty breathing, swelling of the throat and/or tongue, a weak, rapid pulse, dizziness or fainting, or nausea/vomiting/diarrhea, call 911 and seek medical care immediately. This is considered a medical emergency and may need to be treated further.

Being aware of your surroundings can greatly minimize exposure to bee stings. Take care of drinking sweet beverages when outside. Check the can and straws prior to drinking from them. Tightly cover food containers and trash cans and wear close-toed shoes when walking outside. If a few bees are flying near, stay calm and slowly walk away from the area. Swatting at an insect may cause it to sting.

Don't allow pests to ruin your fun this summer. Be sure to take the proper precautions to prevent bug bites and also have the appropriate supplies on hand if a bite does occur.

*References: cdc.gov, Webmd.com, PubMed, MayoClinic.org*

*Kelly Cox lives in Ford's Colony with her husband and 3 children. She holds degrees in Nursing and Kinesiology. Kelly is the Administrator of the NASA Occupational Health Clinic as well as an Oncology Nurse at Riverside Regional Medical Center.*

## COLONIAL WILLIAMSBURG MUSEUMS' COVERUPS BY CAROLYN BATTLE

In January of this year, Phil Rockafellow, Ford's Colony resident, took his wife, brother, and sister-in-law to the Abby Aldrich Rockefeller Folk Art Museum. The brothers were amazed to see a quilt, made by their ancestors, hanging in the museum.

Seeing the Rockafellow quilt inspired Phil to trace the family history. He learned that there have been several spellings of the name over time. The recorded family history begins with Goddard Rockafellow, born in the Rhineland area of Germany in 1590 when residents were subjected to spill-over violence from hostilities in France between the French Huguenots and the Catholics. Hearing of a better life in the New World, Goddard's grandson, Johann Peter Rockafellow and his family sailed for New York in 1723, but strong winds forced a landing in Philadelphia. Still wanting to get to New York, the family traveled overland through New Jersey. Along the way, they found and purchased suitable agricultural land in Hunterdon County, New Jersey.

Phil is a ninth generation descendent of Johann. He is also distantly related to the Rockefellers who so graciously provided the initial funding for the preservation and construction of Colonial Williamsburg.

The Rockafellow signature album quilt was made in 1853 by seven Rockafellow sisters and four of their Auten family neighbors— all residents of Somerville, Flemington, and/or Readington, NJ. The quilt consists of 25 blocks that contain inked signatures of 23 different people whose ages range from 14 to 33. It will be on display through the end of the year.

Quilts have been bringing people together for over 200 years in this country, and they still are. The Colonial Williamsburg Decorative Arts Museum in its "Textiles of the Early American South" and the Abby Aldrich Rockefeller Folk Art Museum's "A Celebration of American Quilts," in an effort to preserve and display 18th and 19th century quilts have brought together not only the Rockafellows but also nine Ford's Colony residents, who serve as Museum docents.

Ford's Colony residents Nancy Bartholomew, Carolyn Battle, Ed Bayer, Chris Caro, Denise Horbert, Julie Lantz, Meredith Russell, Barbara Tomaski, and Debbie and Don Ward make up a large percentage of the docents in the Museum. They are chosen through an application/interview process with the Director of Museum Education. Chris Caro's thoughts are typical when she

says, "Being a docent in the Museum is one of my favorite things about living in Williamsburg. We enjoy the training and then the sharing of that knowledge with visitors from all over, while being surrounded by the grand objects in the collection. I love it!"

The history of quilts is literally a "herstory" as these are stories—written in fabric not in words—by women who may have had no other creative voice or outlet. As sewing and needlework were the basis of a girl's education, it was said: "A woman who cannot sew is equivalent to a man who cannot write."

Around 1800, communal quilt gatherings, known as quilting bees, became popular social activities. Women shared stories of their lives from girlhood through marriage and child-raising with the women of the community, as they fastened the layers of a quilt together with intricate hand stitches. Eventually, hand-signed or autographed and dated squares were contributed to be incorporated into the larger design. The Rockafellow quilt in the Folk Art Museum is an example of this type of signature quilt.

Quilts speak of family, friends, memory, and tradition. One day soon, purchase a Good Neighbor Pass for an annual fee of \$10 at the Visitor's Center or Greenhow Lumber House on Duke of Gloucester Street and come quilting with us!



The Rockafellow Quilt hanging behind Phil Rockafellow and CW Museum docents



### Ford's Colony Signature Trees

Beautiful Crepe Myrtles and lovely Red Buds may be delivered and planted in your yard for just \$100. Call Janice Wagner at 258-3333.

Email [krissaunders@cox.net](mailto:krissaunders@cox.net) with ideas for new topics.

“Happiness must be grown in one’s own garden.” Author Unknown.

**PLEASE NOTE:** We inadvertently missed a few credits to our photographers in the past months. Sue Liddell shared the picture she took of the dogwood tree in her garden. There were several articles on “grasses” by Elyse Lehman where Don Lehman and Mary DiSalvo should have received credit for the photos.

## COLONIAL WILLIAMSBURG: THE PLANTS WITHIN

The plants you see in the Historic Area gardens are either native to this area of the country, or they were brought over by the colonists and documented as having been here prior to 1800. Information comes from a variety of documents including letters, diaries, and advertisements in the 18th-century newspaper Virginia Gazette.

## The Small Whorled Pogonia, the rarest orchid in Virginia: Final part of the two part series

BY MARY DISALVO

### The Plant itself and conservation methods in the area

The small whorled pogonia, the rarest orchid that grows in Virginia, usually has a single hollow, grayish-green stem that grows up to 10 inches tall when in flower. The plant is named for the whorl (or circle) of five or six leaves near the top of the stem and beneath the flower. The leaves are grayish-green, somewhat oblong and 1 to 3.5 inches long. The single or paired greenish-yellow flowers are about 1 inch long and appear in late April or early May. Many years it does not flower at all, and some years one or more plants may not even emerge from the ground. If it does flower, the bloom lasts only a few days. If pollinated, an upright capsule or fruit forms with several thousand small seeds inside.

This orchid grows on the forest floor in hardwood stands that have an open understory. It tends to form a colony. It prefers acidic soils with a layer of dead leaves, and often occurs near a break in the forest canopy, such as is created by streams, windfalls, or old logging roads. Unfortunately, the colonies can be disturbed or destroyed by land development and are eaten by deer. The seeds are spread by the wind.

Today the Williamsburg Environmental Group monitors the “Casey Colony” of the small whorled pogonia, and Bill Saunders of William and Mary monitors the colony on Windsor Meade. Each year they report their results to the U.S. Fish and Wildlife Service. The long-term goal of the USFWS is to establish enough areas where the small whorled pogonia is adequately protected to allow the species to be removed from the list of endangered and threatened species.

Thank you to Dr. Donna Ware and Drew Mulhare for help in writing this article.



# BEAUTIFUL TREES MAKE A HOUSE A HOME.



We're Bartlett Tree Experts, a 100+ year old tree and shrub company with global reach and local roots. Our services include:

- Tree & Shrub Pruning
- Cabling & Bracing
- Fertilization & Soil Care
- Insect & Disease Management



Call 757.234.0403  
or visit [BARTLETT.COM](http://BARTLETT.COM)  

# Colonial Williamsburg—The Gardens of Gentility Tour

## The Governor’s Palace: An Unusual Plant—the Yucca (a cactus-like plant)

BY KRIS SAUNDERS. (call the Visitors Center to take this tour).

When Alexander Spotswood became governor of Williamsburg in 1710, he was not satisfied with the Governor’s Palace still under construction as, it is suggested, and he wanted to distinguish himself with his gardens so that he could compete with the gardens of local plantation owner William Byrd and townsman John Custis. The precise layout and rigid symmetry of the grounds of the Governor’s Palace is similar to the English country estates during the reign of William and Mary (1689-1702). The Dutch influence, introduced into England by William III. Broad, is noted with walkways, manicured geometrical parterres, clipped hedges of boxwood, (a preference of the king) large yaupon holly, topiaries, lead urns planted with native *Yucca aloifolia*



and a pleached arbour of American beeches for shade.

These elements would be a statement by Governor Spotswood that he was equal to his English counterparts.

After completion, there were no other gardens in the colonies at that time that could match the Governor’s garden for elegance and intricacy of design.

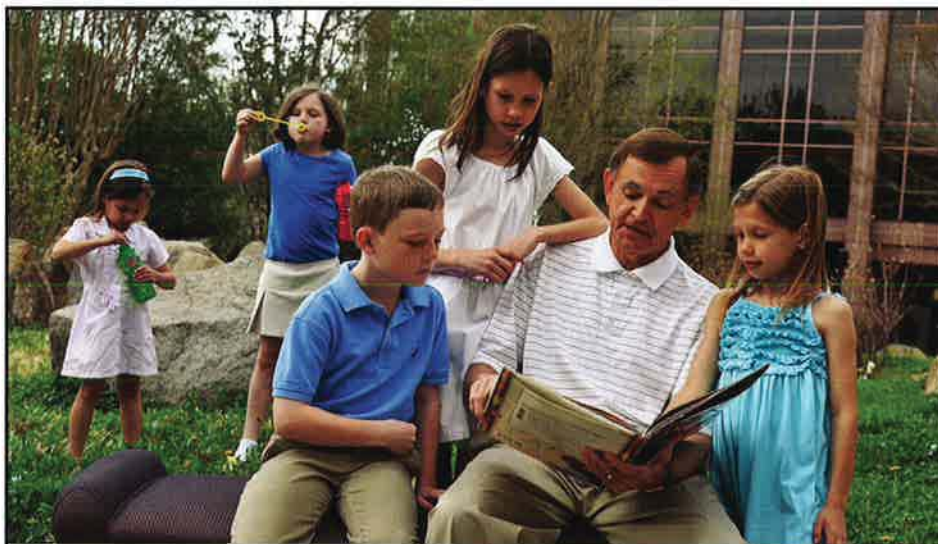


(Note: Peggy Peterson took this picture of a “yucca” in the garden of Sue Liddell, Head of Master Gardeners. This plant was not blooming in the Capitol grounds when it was visited by the author in 2014.)

### THE YUCCA PLANT: A TREAT FOR ME, AS I NEVER SAW IT BLOOM

BY ELIZABETH MASLEN

One day in late April, as I was toiling away at the weeds, I glanced up and saw what I thought was a truly noxious weed growing up out of the middle of my Yucca plant. I clambered hastily to my feet, and went off to remove the interloper - but found to my startled amazement that it was a very large flower stem!! I watched it with great delight as it grew taller and taller, and then the flowers began to appear. It is the first ever flowering of this plant - but well-worth the wait!



The TRUST COMPANY of Virginia

Focused On Your Priorities

“Preserving and growing wealth for future generations is a top priority. Achieving this goal requires adhering to a disciplined investment process.”

Richard Gates, President

In Williamsburg, contact:

Scott Garber | 757.221.0044 | tcva.com

RICHMOND | WILLIAMSBURG | ROANOKE | McLEAN | LYNCHBURG

## GARDENS OF GENTILITY: A STORY FROM ONE DOCENT LEADING THIS TOUR

BY DAN BJICK



The ever-changing gardens at Colonial Williamsburg are always a delight to see. I am among the volunteers who lead tours of these gardens. As a 22-year resident of Ford's Colony, I was an historical interpreter and character interpreter for my first few years here, leading school groups and adults on tours and, then, I rediscovered golf. Soon, however, I missed leading tours.

I applied, and was assigned to lead the "Gardens of Gentility" tour that leaves from the East Gate of the Governor's Palace every Friday at 9:30 through the spring and summer. The tour stresses how the gardens of Virginia's capital during the latter half of the 18th century reflected the values and lifestyles of its wealthiest citizens.

After looking at highlights of the colony's premier gardens behind the Palace, this tour heads up the Palace Green to see a "gentry" garden, and ends with a look at a "working family's" garden. The one-half hour tour is free, but requires a Good Neighbor Pass that can be obtained at either the Visitor's Center or Greenhow Lumber House on Duke of Gloucester Street, for an annual fee of \$10. During this tour, I talk about the legend of the dogwood blossom, Virginia's state flower.

*Dan was an AT&T employee for 33 years before retiring to Ford's Colony. In his retirement, he has appeared in many community theater plays and on local and national television.*

## CRAFTSMANSHIP IS IN THE DETAILS

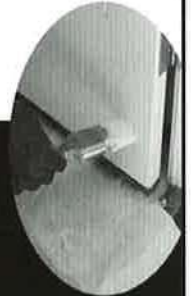
From one room interiors, to whole house exterior paint restoration, we have the skills to bring your house back to new...even if it's 300 years old. We assess the job and prepare the surfaces so your paint will last for years. We use only quality paints and materials. Our crews have pride in their work and respect your home and time. We maintain experienced painters, dry wallers and carpenters on our staff to ensure every step on your job is completed to our high level of performance standards. We are licensed, insured, EPA lead safe certified and a Virginia Class A Contractor.

**WILLIAMSBURG**  
WHP  
**HOME PAINTING**  
WE WILL RETURN YOUR CALL.

floors covered  
surface prepped  
quality paint  
trained crews  
on schedule & in budget!



**INTERIOR & EXTERIOR HOME PAINTING**  
FREE ESTIMATES ON PAINTING & FINISHING IT RIGHT!  
WWW.WILLIAMSBURGHOMEPAINING.COM 757-784-8346  
**QUALITY CRAFTSMANSHIP EXPERIENCE**  
painting | staining | deck refinishing | power washing | dry rot repair



## Making Williamsburg Beautiful, ONE YARD AT A TIME!



**Southern Blue**  
Lawn, Landscaping & Hardscapes

757-229-9444  
www.southernbluellc.com



## FLYING THE DRAGON

BY ELIZABETH JONDAHL

Author Natalie Dias Lorenzi of Burke, Virginia presented her book *Flying the Dragon* to the Wednesday afternoon Book Club. In attendance were Ellen Horine, Elizabeth Maslen, Kris Saunders, Barbara Haynes, Natalie Dias Lorenzi, Linda Randall, Barb Landa, Carol Dias, Marilyn Clark, Betty Jondahl, and Mary Jane Dienert.

### So You Think You Want to Be a Writer?

*Flying the Dragon*

by Natalie Dias Lorenzi

Book previously reviewed in TOC, 2014

In April, a visit from author Natalie Dias of *Flying the Dragon*, gave the “Wednesday Afternoon Book Club” a whole new insight into the publishing world of today. Ms. Dias led us through her arduous journey from the book’s conception to its final debut. At the end of her presentation, we were awed by the tenacity required, and the time that it takes for an author to bring a book to the reader.

Inspiration for the book was initially drawn from her own personal experiences as a young girl, a military “brat,” often moving to foreign countries, facing new languages and customs. With great clarity, she recalls when her family was transferred from Europe to an Air Force base in Texas. Imagine a fifth grader, in step with the country she had just left, but clueless about her new environment—the proverbial fish out of water! She still recollects that first day in the cafeteria, sitting alone, just her and the strange food (an enchilada) on her tray. Then to her surprise, another girl, no stranger to the school, came over and sat with her. This was a defining moment, a small gesture of kindness and acceptance, and one she never forgot. Later, she drew on firsthand knowledge obtained from teaching ESL students. Gradually, after living in many countries, including Italy and Japan, the idea for *Flying the Dragon* was conceived.

Writing a book is a task that is often done in isolation. Yet, every author wants honest, unbiased feed-



back. Recognizing the need, Ms. Dias was led to a website on the computer: The Society of Children’s Book Writers and Illustrators. Through this group, she was paired with three other authors having the same concerns and objectives. Throughout their collective journey, encouragement was abundant, as were valuable suggestions, almost chapter by chapter.

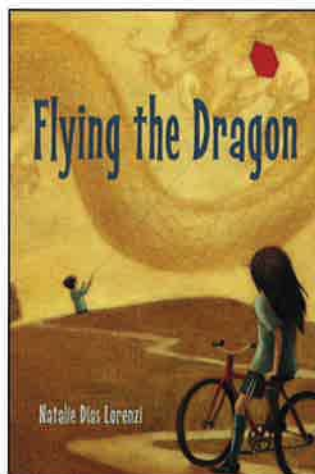
The path to publication was not a straight line! Imagine living in Italy, chatting with a potential agent via the computer at two in the morning, juggling a household comprised of three children and a husband, and in the middle of the whole publishing process, packing and flying back to the USA!

After the first draft of the book was completed, Ms. Dias submitted her manuscript to a small press in Texas, one seeking multicultural stories. An offer to publish the book quickly followed. In the meantime, she had been busy querying agents, only to

accumulate a tidy stack of rejections. Determined to find an agent, she stiffened her spine and forged ahead. Finally, she found one that definitely spiked her interest. But yet another hurdle appeared: the agent would only take queries from referrals or from those who had heard her (the agent) speak at a conference. Living in Italy, that avenue appeared unlikely, but soon afterward, she discovered that the agent was hosting an online chat. Then another obstacle reared its ugly head: different time zones—one a.m. to two a.m., Italian time! Undaunted, but sleep-deprived, Ms. Dias stayed the course, with the reward of having the agent accept her query. Immediate advice from the agent was to forego signing with the Texas house, as it did not have a far-reaching distribution—fortuitous advice, for the publishing house was soon out of business!

After signing with the agent, revisions were suggested. Finally, manuscripts were sent to publishing houses that might be interested. More rejections followed, a year’s worth; they liked the story, but considered it too “quiet” for the market. Agent and author re-evaluated the manuscript, and subsequently decided to add another point of view, based on a girl in the story. This final revision took another year! At last, the book went out on submission, and sold four months later, paralleling the author’s return to the United States. Reviews began to come in; one read: “A quiet, beautiful moving portrayal of a multicultural family.” The word “quiet” finally carried the day! The book cover was another process to final publication, but space does not permit the details. Needless to say, it more than captures the heart of the story. Since its publication, the book continues to be enjoyed by both children and adults and has won numerous awards.

Lastly, I challenge all children, age nine to twelve (or children at heart), to read *Flying the Dragon*, construct your own kite, find the wind, and feel your spirits soar skyward.



## OLDE TOWNE MEDICAL AND DENTAL

The 2015 Olde Towne Medical and Dental Center charity event was the best event of 20 years! This year, the check for the OTMDC was \$70,000, for a total for the past 20 years of \$750,000. This could only be accomplished through the support from the Ford's Colony residents, the tournament sponsors, the many volunteers, and the members of the Men's Golf Association. Thank you to all who supported this wonderful campaign.



## WILLIAMSBURG CAR SHOW

On Sunday, June 14, from 10 a.m. to 3 p.m., our club will present a great collection of beautiful cars. Merchants Square is a great place for you and your family to view and enjoy a carefully-selected collection of more than 50 beautiful cars, representing more than 25 different brands dating from the 1920's to current 2015 models.

The 7th Annual Williamsburg Invitational Car Show will feature a collection of more than a dozen Thunderbirds from the 50's, 60's, and 70's as well as Thunderbirds built after 2000.



A special display will feature one of the first 'wheeled chair' carriages in Colonial America from about 1750. It will be surrounded by an impressive collection of personal 'carriages' from more recent times.

The display of Jaguars is a part of, and an extension to, the Virginia Jaguar Club's annual Concours weekend. The remaining 30-plus cars represent an eclectic mixture of Colony Auto Enthusiasts member cars and Invited Guest cars from throughout the region.

The "Car Show Game," introduced in 2012, is a quiz for children under age 10. The Car Show Game challenges them to find the answer to a series of questions about cars in the show. If they successfully complete the quiz, they may win a die-cast model car! The Colony Auto Enthusiasts provide financial support for RIDES, a local not-for-profit organization that offers non-emergency medical transport for seniors and disabled residents in the Williamsburg area. We encourage you to visit the RIDES tent at the center of our show to learn more about their services and to offer your support as well.

At our monthly meeting on Wednesday, June 3, at 7 p.m., we will discuss last-minute details with our member volunteer teams and member exhibitors. New members are always welcome to join the club. For additional information about the car show, contact Larry Emmons at 645-4833 or Jim Bowers at 565-4950.

The  
**BRONZE DOOR**  
Society  
*International*  
**WINE**  
**CLASSIC**  
at The Mariners' Museum

**JUNE 20, 2015 • 6 PM**

Superior wines in a spectacular setting.

This premier wine event will offer unlimited tastings of exceptional wines, live music by the Joe Sinnett Trio & gourmet food pairings.

Purchase advance tickets online or call (757) 591-5129



[BronzeDoorSociety.org](http://BronzeDoorSociety.org)

## ACTIVITIES COMMITTEE

<b>Chair</b> Debbie Abrams <i>dabramshome@hotmail.com</i>	<b>Dog Owner's Interest Group</b> Peggy Peterson <i>ppeterson@mags.net</i>	<b>Monday Morning Bridge</b> Charles Skillman <i>cskillmanjr@cox.net</i> Marshall Atkins <i>mfatkins1@verizon.net</i>
<b>Vice Chair</b> Linda Mathews <i>Mathews3154@aol.com</i>	<b>Duplicate Bridge</b> Tom Dunck <i>tom.dunck@gmail.com</i>	<b>Newcomers</b> Linda Mathews <i>mathews3154@aol.com</i>
<b>Treasurer</b> Thomas Dunck <i>Tom.dunck@gmail.com</i>	<b>Fit for Life</b> Joan Emerson <i>joan.emerson@yahoo.com</i>	<b>Pickleball</b> Roger Allen <i>rogercallen@yahoo.com</i>
<b>Secretary</b> Linda Jones <i>ljonesgl@gmail.com</i>	<b>Fly Fishing</b> Richard Anderson <i>randerson158@cox.net</i>	<b>Pilates Club</b> Nelia Lamoureux <i>nowheide@aol.com</i> Dorothy Tibbetts <i>dmcdon5174@aol.com</i>
<b>Aging In Place/Special Services</b> Ted Juraschek <i>theo_juraschek@msn.com</i>	<b>Ford's Colony Archery</b> John Cryer and Bob Koppe <i>FordsColonyArchery@outlook.com</i>	<b>Pilates for Seniors/Golfers</b> Wilhelmina White <i>hwwhite34@cox.net</i>
<b>Artists League</b> Elaine Napoda <i>napolarbear@aol.com</i>	<b>Ford's Colony Softball League</b> Joe DiNuzzo <i>vadinuzzo2@gmail.com</i>	<b>Pinochle</b> Bill Loscalzo <i>wloscalzo@aol.com</i>
<b>Bid Whist</b> Bob Sumlin <i>rasumlin@cox.net</i>	<b>Ford's Colony Volunteers for Education</b> Muriel Slaughtor <i>mslaughtor1@verizon.net</i>	<b>Round Robin Bridge</b> Ida McNamara <i>idalmac@cox.net</i> Debbie Boggio <i>dboggio1@gmail.com</i>
<b>Bosom Buddies</b> Lois Nervitt <i>lsnervitt@cox.net</i>	<b>Friends and Neighbors</b> Bob Bradfield <i>bubbafet2004@yahoo.com</i>	<b>Silver Sneakers</b> Charlene Newstrom <i>cknewstrom@cox.net</i>
<b>Bowling</b> Dale Schoenberger <i>Debdale@cox.net</i>	<b>Garden Club</b> Debbie Abrams <i>dabramshome@hotmail.com</i> Terry Sisto <i>tes125@cox.net</i>	<b>Solitaires</b> Harold Hall <i>haroldhall2@msn.com</i> Roy Rolph <i>sueandroyr@aol.com</i> Sue Ruble <i>rruble@cox.net</i>
<b>Canasta: Hand, Knee &amp; Foot</b> June Rhodes <i>juner@junegene.com</i> Laurie Rowe <i>laurierowe100@gmail.com</i>	<b>Genealogy Club</b> Beth Hanson <i>rabgen@earthlink.net</i>	<b>Swim Team</b> Kelly Arne <i>kellyarne.fcst@gmail.com</i>
<b>Caring Neighbors</b> Kit Ober <i>kitandfritzoiber@yahoo.com</i>	<b>Golf Around</b> Mike Hand <i>mhand3@cox.net</i>	<b>Tai Chi</b> Elmer May <i>semay6@cox.net</i>
<b>CERT</b> Bill McCabe <i>wmccabel@cox.net</i>	<b>Golf &amp; Dine Society</b> George Spalthoff <i>gws313@cox.net</i>	<b>Tennis Club</b> Rich Gingerich <i>janerich5@hotmail.com</i>
<b>Chess Club</b> Dick Gantzler <i>dgantzler@cox.net</i>	<b>Healthy Cooking</b> Robert Burns <i>rburns43@gmail.com</i>	<b>Theatre Club</b> Tom Damon <i>tandedamon@cox.net</i>
<b>Colony Auto Enthusiasts</b> Jim Bowers <i>twoophathoms@yahoo.com</i>	<b>Home Brewers Interest Group</b> Walter Maginnis <i>walter.maginnis@verizon.net</i>	<b>Trailblazers</b> Tom Thompson <i>tommarybeth@verizon.net</i>
<b>Colony BYOB</b> Jennifer Rairigh/ Randolph Brown <i>rebrown6@cox.net</i>	<b>Hospitality</b> Bobby Sue Silvey <i>bbsue3@cox.net</i> Lisa Brickey <i>lbrickey@cox.net</i>	<b>Travel Club</b> Al Ashley <i>almuash@cox.net</i>
<b>Colony Kids</b> Jennifer Page Wall <i>jenniferpagewall@gmail.com</i>	<b>Intermediate Bridge</b> Jack Geiger <i>findjackg@cox.net</i>	<b>W&amp;M Fan Club</b> Van Voorhees <i>coachvan1@me.com</i>
<b>Colony Wine &amp; Cheese</b> Sally Frazer <i>sfrazer219@aol.com</i> Bob Brennan <i>rbrennan6@cox.net</i>	<b>Mah Jongg Club</b> Dorothy Fischer <i>dmfischer830@gmail.com</i> Laurie Rowe <i>laurierowe100@gmail.com</i>	<b>Water Aerobics Interest Group</b> Janet Pohl <i>pohljr137@yahoo.com</i>
<b>Computer &amp; Technology Club</b> Bob Zornetzer <i>rzornetzer@cox.net</i>	<b>Mah Jongg Mavens</b> Jane Flagello <i>drganer@sbcglobal.net</i>	<b>Women's Bible Study</b> Stephi Fisher <i>stephif1@cox.net</i>
<b>Craft Club</b> Susan Brooks <i>kexbysue@gmail.com</i>	<b>Men's Bible Study</b> Dan Gaske <i>dgaske@earthlink.net</i>	<b>Woodworkers Club</b> Ralph Spohn <i>ralph@alum.mit.edu</i>
<b>Dance Band</b> Larry Stowe <i>FCDB@cox.net</i>	<b>Model Railroad Club</b> Phil Brooks <i>kexbyphil@gmail.com</i>	<b>Yoga</b> Tricia Killiany <i>yogaclasses@cox.net</i> Barbara Gilman <i>bg2jg@aol.com</i>
<b>Dance Club</b> Chiricotti/Murawski <i>jchiricott@aol.com</i>		

## CARING NEIGHBORS CONTACT INFORMATION

### Caring Neighbors Transportation Service

Kit Ober: ..... 345-0169  
*kitandfritzoiber@yahoo.com*  
Dave Westfall ..... 645-2073  
*dwestf2@gmail.com*

### Cook's Pantry

Karen Crowley, Chair: ..... 345-6512  
*crowjim@bellsouth.net*  
Roseanne Brennan, Co-Chair . 258-3228  
*roseannebrennan@cox.net*  
Peggy Peterson: ..... 345-5411  
*ppeterson@mags.net*  
Georgia Lowe: ..... 603-6229  
*gglowe2@gmail.com*  
Ann Wasko: ..... 229-3149  
*aewasko@erols.com*  
Georgia Treiber: ..... 645-2423  
*gtreiber@cox.net*

### Granny's Attic

Ora Avery: ..... 220-0343  
*oavery47@yahoo.com*  
Pat Archer: ..... 259-9937  
*clydepat@aol.com*

### Handymen

Kent Kipling: ..... 208-0218  
*kipkp@hotmail.com*  
Bob Bott: ..... 565-3577  
*rbott1@cox.net*  
Ned Cooke: ..... 345-6669  
*nedcooke1@yahoo.com*  
Don Harper: ..... 565-7855  
*donmjharper@verizon.net*  
Bruce Landefeld: ..... 229-0637  
*bruce.landefeld@gmail.com*  
Dale Walter: ..... 229-2026  
*dwalter@cox.net*  
Phil Klein: ..... 220-3949  
*kleinradine2@gmail.com*  
Ralph Spohn: ..... 253-5794  
*ralph@alum.mit.edu*  
Jeff Canon: ..... 291-7003  
*jgcanon1@cox.net*

### Notes for Neighbors

Mandy Baldrige: ..... 645-4039  
*mjbaldridge@cox.net*  
Nancy Obadal: ..... 258-2838  
*nano6@cox.net*

### Nurse's Closet

Betty Moeller ..... 206-1276  
*betmoeller1@cox.net*  
Helen VanCott ..... 565-1750  
*vancott@msn.com*

### Stork Club

Ida McNamara: ..... 645-3763  
*idalmac@cox.net*  
Lise Murer: ..... 253-2361  
*llmurer@cox.net*

For general information or to join Car-  
ing Neighbors as a volunteer, contact  
Kit Ober 757-345-0169, *kitandfrit-  
zoiber@yahoo.com*



**CARING NEIGHBORS**



**AGING IN PLACE**

The Aging in Place Service Group meets on a monthly basis to identify opportunities for Ford's Colony homeowners to more safely and comfortably live in their homes as they age. The Group has developed the "Aging Services" web page as part of the Ford's Colony Internet site (*fchoa.org*). The page is designed to be easily used by residents and/or individuals who may be caring for them in times of need. The web page does not include medical or health care practices or services, but it has links to providers who may be of assistance.

If you want additional information or would like to participate, please contact Ted Juraschek at *theo\_juraschek@msn.com* or 565-6165.



**ARTISTS LEAGUE**

The Artists League meets every Tuesday afternoon from noon to 3 p.m. at the back of the large room on the right side. We have artists working in different mediums and at different levels of accomplishment from beginners to more experienced artists. You will see people using oils, acrylics, watercolors, pencils, and pastels. We work at tables with our own supplies as we enjoy each other's company and conversation.

Some of our artists exhibit and sell their paintings at Harry's Tavern. We change our paintings four times a year. Many of us belong to This Century Art Gallery down the street from the library on N. Boundary Street and exhibit there also. Members of the gallery show their work on the upper level and there is usually some kind of unifying theme. We occasionally have an art show at the S&T Club and all these activities provide inspiration and purpose.

We welcome new members and have much to offer in the way of information, advice and direction. If you are an artist or would like to try experimenting in art, stop by some Tuesday afternoon and see what's cooking, or should we say, "Coloring."



**BID WHIST**

The Bid Whist Club meets on the second Thursday of the month at the S&T Club at 7 p.m. except in July and August. Residents of Ford's Colony are welcome to join or participate. For information, contact Bob Sumlin at 229-8841.



**BOSOM BUDDIES**

The Breast Cancer Support Group, "Bosom Buddies," meets on the third Thursday of each month at 2 p.m. in members' homes. Those with newly-diagnosed breast cancer, as well as all breast cancer survivors, are invited to participate. Other cancer survivors are also welcome. For details, contact Lois Nervitt at 258-9669 or *lsnervitt@cox.net*.



**BOWLING**



Left to Right: Ford's Colony Mixed Bowling League National Division Team Winner and Overall League Team Winner: Walt Culhane, Janice DiSanto, Barbara Haynes, and Mike Collmeyer. American Division Team Winner: Ronald Foy, Marie Colclough, Mary Barbera, and Pete Webster.

On April 13, the Team Champions of the Ford's Colony Mixed Bowling League (FCMBL) American Division (Pete Webster, Marie Colclough, Ronald Foy, and Mary Barbera) were meeting the champions of the National Division (Mike Collmeyer, Walt Culhane, Barbara Haynes, and Janice DiSanto) to determine who would be

crowned FCMBL World Champions. While the American Division champions were battle-scarred veterans of a nail-biting contest to take the title, the Nationals cruised to an easy victory in their division. The Divisional Contest on that Monday morning came down to game three which was going to decide the title. Team members from both divisions were bowling over their averages and it was anyone's contest. The final decision was settled with one frame to go. A good pocket hit by the American captain resulted in a fatal split. The National captain picked up his spare and the match was over. The National Division was the winner.

At the April 14 Bowling Banquet and Awards Dinner which was held at the Ford's Colony Country Club, recognition was given to all the League winners, including the above League and Division Team winners. Those additional bowlers receiving awards included the following recipients.

**National Division Individual Honors:** High Average Women-Annette Sumlin 164.93; High Average Men: Jan Berkowitz 214.70; Most Improved Women-Pat Collmeyer +14.33; Most Improved Men-Craig Cronce +21.50; High Scratch Series Women-Joan Olson 560; High Scratch Series Men-John Tinker 654; High Handicap Series Women-Pat Collmeyer 792; High Handicap Series Men-Jack Wagner 801; High Scratch Game Women-Louann Martin 214; High Scratch Game Men-Bob Sumlin 246; High Handicap Game Women-Libby Hardwick 299; and High Handicap Game Men-Howard Forbes 295.

**National Division Team Honors:** Team High Game-Here We Come (Debbie Boggio, Mary Bennett, Ron Klingensmith, and Jan Berkowitz); Team High Scratch Series-Double Dos (Pete Trainor, Jack Wagner, Miriam Wood, and Allynne Nordstrom); Team High Handicap Game-The Rare Spares (Annette Sumlin, Jack Intlehouse, Pat Giles, and Jim Gleason); and Team High Handicap Series Tie-Top Cats (Howard Forbes, Judy Rasper, Bill Fidyk, and Sally Frazer) and Bowl Them Over (Pat Collmeyer, Joanne Boyer, Terry Beck, and Dick Mericle.)

**American Division Individual Honors:** High Average Women-Kim

Tahey 148.65; High Average Men-Vic Miller, Jr. 180.56; Most Improved Women-Janet Joyce +11.07; Most Improved Men-Ted Juraschek +14.84; High Scratch Series Women-Jeannie Juraschek 532; High Scratch Series Men-Ward Grant 636; High Handicap Series Women-Bette Jondahl 762; High Handicap Series Men-Len Shartzter 753; High Scratch Game Women-Lynn Burkhardt 219; High Scratch Game Men-Nathan Hill 231; High Handicap Game Women-Kathy Foy 283; High Handicap Game Men-Bob Zoglman 292.

**American Team Accomplishments:** Team High Scratch Series-Strike R Spares (Bob Brennan, Jan Leslie, Al Lepera, and Mike Frost); Team High Handicap Series-The Rare Spares (David Snyder, Carolyn Frost, Steve Jennings, and John White); Team High Scratch Game-Colony Strikers (John Roberts, Ann Defee, Jim Burow, and, Bob Zoglman); and Team High Handicap Game-Spare Us (Pete Webster, Marie Colclough, Ronald Foy, and Barbara Barbera.)

The Pinehurst Scotch results will be presented in next month's TOC.



**CANASTA  
HAND, KNEE & FOOT**

Canasta/ Hand, Knee, and Foot, is a new Interest Group established by the Activities Committee in April. We meet every Friday from 1-4 p.m. in the S&T Library. Since the establishment of the group, we have had several tables of Ford's Colony residents gathered each week for the card game as well as the socialization.

Ford's Colony Residents who play Hand, Knee and Foot, Hand and Foot, Triple Play (or really any form of Canasta) are welcome to join us. Copies of the "rules" that the group is using will be on each table every time we play. *Participants may play as often or as seldom as they wish.* This is a great opportunity to play cards, see and interact with your friends and neighbors and not be committed to be in attendance every week. A roster is maintained of all participants and everyone on the list will receive a weekly email asking if they plan to play that week. We calcu-

late the number of tables to request and the quantity of supplies to bring by your email responses. If you would like your name added to the roster, or if you would like more information, please contact June Rhodes ([juner@junegene.com](mailto:juner@junegene.com)) or Laurie Rowe ([laurierowe100@gmail.com](mailto:laurierowe100@gmail.com)).



**CARING NEIGHBORS**

Caring Neighbors exists for the purpose of helping our neighbors who, due to illness or incapacitation, may be in need of a meal, minor repairs, transportation services, or medical items such as crutches, wheelchairs, etc. We also have the resources to loan items for grandchildren's visits, and we send cards when there is a death or illness of a loved one or for the happy occasion of a birth in the family. In other words, we exist to show someone cares. In addition to phone and email, anyone needing our services can contact us directly from [fchoa.org](http://fchoa.org). Simply click on the "Contact Us" on the left side of the page, and from the "Send To" dropdown menu, select "Caring Neighbors." Please let us know if you or any of your neighbors could use our services.



**CERT FORD'S COLONY COMMUNITY  
EMERGENCY RESPONSE TEAM**

Following a major disaster such as Hurricane Sandy, first responders who provide fire, rescue, and medical services will not be able to meet the demand for these services. People may have to rely on each other for help in order to meet their immediate life-saving and life-sustaining needs.

The James City County Ford's Colony CERT organization has been in place since 2004, working to prepare our community—and to help residents prepare—to respond to and cope with the aftermath of disasters such as hurricanes, ice storms, floods, nor'easters, and more. James City County provides training for Community Emergency Response Team (CERT) volunteers, at no charge, to prepare residents to help themselves, their families, and their

neighborhoods in the event of such an emergency.

Don't become a victim; become empowered! The team meets at 3 p.m. on the first Wednesday of January, April, July, and October at the S&T Club. In a disaster situation, EVERYONE can do something to help themselves and others. For more information, contact Don Alms at [dralms@cox.net](mailto:dralms@cox.net) or at 645-7925.



**CHESS CLUB**

The Chess Club meets on the first and third Mondays of each month from 2:30 to 5 p.m. in the S&T Club. Contact Dick Gantzler at [dgantzler@cox.net](mailto:dgantzler@cox.net) if you have any questions.



**COLONY AUTO  
ENTHUSIASTS**

June is an exciting month for the Colony Auto Enthusiasts. Our annual Merchant Square Car Show with featured Marque the Ford "Thunderbird" will be held on Sunday, June 14. Our regular monthly meeting will be held on Wednesday, June 3 at 7 p.m. at the S&T Club. This session will be devoted to Car Show preparation and will be led by Larry Emmons. Come and help us get ready for one of the more important car shows on the Peninsula this summer.

The Club's website, [colonyautoenthusiasts.com](http://colonyautoenthusiasts.com), contains exciting news of our summer driving events program planned for June and August. Take a look! New members are always welcome and membership is a small fee of \$10. For further information, contact Ray Van Cott at 746-6999.



**COLONY KIDS**

Come join your friends and neighbors for the annual Ford's Colony 4th of July parade! Bring your dressed-up kids, dogs, bikes, trikes, and strollers! The event starts at 10:00 a.m. on Saturday July 4 at the Westbury Park Pool. Join us for a swim in the pool

(pool will open immediately after the parade this year!). We will also have pizza for purchase for \$1 for a small slice of cheese or pepperoni. If you want to pre-order a whole pizza just turn in the flyer with cash payment (\$16 per pizza) to the John Pott guard house by Thursday July 2. There will be snow cones sponsored by Ford's Colony Realty and some other snacks and water for the kids. Please RSVP to let us know you plan to come and what ages your kids or grandkids are: [tinyurl.com/fck4th](http://tinyurl.com/fck4th). See you on the 4th!

Finally, in early May, Colony Kids spearheaded a fun playdate with a



Cinco de Mayo theme. The playdates, located at the S&T Club, will take place the first Thursday (at 10 a.m.) of every month until September.



### COLONY WINE & CHEESE

We thank Roseanne and Bob Brennan for another delightful Colony Wine & Cheese evening on April 19. Their house is wonderful and their hospitality even better. About 35 folks enjoyed the camaraderie of the evening. Our next event will be in August and we plan to have another Garden Party. Last year's was a great success. We expanded our libation offering to include gin and tonics, as well as other choices, and some of the ladies came with beautiful hats. We'll have more details next month.

If you haven't joined us before, Colony Wine & Cheese is a series of social gatherings held in the homes of Ford's Colony residents on designated Sunday evenings from 5 to 7 p.m. No membership is required, and each is a standalone event. There are a number of regular attendees, but we always welcome new faces. Come join us for an evening of wine, appetizers and good conversation.

These social events are open to all Ford's Colony residents. We ask that you bring a "heavy" hors d'oeuvre for 8 to 10 people and \$5 per person to cover the cost of beverages and paper products. If you are interested, please contact Sally Frazer, [sfrazer219@aol.com](mailto:sfrazer219@aol.com) or Bob Brennan, [rbrennan6@cox.net](mailto:rbrennan6@cox.net).

Looking forward to seeing you at our next outing!



### COMPUTER & TECHNOLOGY CLUB

The Computer & Technology Club meets every third Monday of the month. Our next meeting is on Monday, June 15, at 7 p.m. in the S&T Club Ballroom. Bob Zornetzer will review the *Windows 10 Beta version* that he has been using for the past few months. Bob will tell us about the major features that the Beta release is currently offering, and he will project for us if this "new" Microsoft operating system is going to be useful when it is finally released (probably in September), and what, if anything, we need to do to prepare for it.

In addition, Rick Chase and Bob DiIorio will report on the *Apple Watch*. We welcome new members. Come to join the Club and be amazed at the technology which is already here and at the technology that is just around the corner. Our dues are \$10 annually per person.

For additional details about our Club, check out our website: [fccug.org](http://fccug.org).



### CRAFT CLUB

Craft Club meetings are held every Thursday from 1 to 4 p.m. at the S&T Club. Take part in one of our workshops, bring a project you are working on, gather inspiration, or just come for a chat. If you are looking for a project to work on, we can always use help on our group efforts to benefit the local community. We are a friendly and multi-talented group of crafters, ranging from beginners to award-winning artists, who love to meet new friends. Dues for the year are \$10. If

you have any questions, please contact Annie Shepherd at [adshepherd3@cox.net](mailto:adshepherd3@cox.net) or 220-4752.



### DANCE CLUB

The Dance Club meets on the first and third Tuesday of the month at the S&T Club at 7 p.m. Ballroom dance instruction is on the first Tuesday, and line dancing is on the third Tuesday. On June 2, we will have our final Foxtrot lesson, led by Lorna Theilen substituting for Marilen Crump. We will take a break from ballroom dancing in July and August and resume ballroom in September. In July and August, we will have line dancing on both Tuesdays.

On June 16, Cheryl Shortell will be leading us in line dancing in place of Micki Decker. Cheryl is an experienced and accomplished line dance instructor and we look forward to her joining us. The first 45 minutes of line dancing will focus on less complex line dances, and the second 45 minutes will focus on more difficult line dances and patterns. Everyone is welcome to attend both sessions. Please bring a water bottle and wear comfortable shoes. Club dues are \$20 per person per year or \$5 per person per session.

For more information about the Dance Club, contact John Chiricotti at [jchiricott@aol.com](mailto:jchiricott@aol.com).



### FIT FOR LIFE

*Fit for Life* is a program of strength and flexibility exercises to help you maintain a healthy body regardless of your age, ability or physical condition. The exercises we perform are not strenuous, and they can be performed by both men and women. Everyone accomplishes the movements according to his/her own capabilities.

Our exercises stress balance, coordination, flexibility, and muscle control. Physical activities include: walking, stretching, ball and bungee sequences, mat and chair work, and movements to music. The only equipment needed is a floor mat and a sense of humor.

*Fit for Life* is an adaptation of the national program *Body Recall*, which has been a leader in fall prevention and fall recovery. *Fit for Life's* mission is to provide a program of exercise and education to get participants moving and keeping them physically active to maintain a healthy body and improved quality of life.

Our group meets at 8 a.m., Tuesdays and Thursdays, for one hour at the S&T Club. Domenica Jernigan, our instructor and a Registered Nurse, can be contacted at 784-7682.



### FORD'S COLONY ARCHERY

We will hold our next meeting on Saturday June 27 at 9 a.m. at the S&T Club. Ford's Colony Archery Club is recruiting youth and adult members who are interested in archery and archery hunting. We are looking forward to archery shooting and competition opportunities during the spring and summer months. Please email John or Bob at [FordsColonyArchery@Outlook.com](mailto:FordsColonyArchery@Outlook.com) for additional information.



### FORD'S COLONY SOFTBALL LEAGUE

Our spring season is underway!

Last summer we raised the money to build a new diamond and backstop. In the coming weeks, we'll have the ribbon cutting for our "Field of Dreams" at which we will formally thank our sponsors and players who made it all possible. As always, we welcome all new players.

Ford's Colony Softball is a slow-pitch, recreational softball group, consisting of men and woman over 40. (Guest players under 40 also are welcome.) We play one game per week, Saturday mornings, on the field at the Westbury Park recreational area. Our *split* season goes from April through June and again from September through November.

Please contact Joe DiNuzzo ([vadinuzzo2@gmail.com](mailto:vadinuzzo2@gmail.com)) for more information and to sign up.



### FORD'S COLONY VOLUNTEERS FOR EDUCATION

If you are looking for a new, rewarding, community service opportunity, please consider helping our local school children by joining Ford's Colony Volunteers for Education. You can make a big difference in our students' lives just by spending a small amount of time with them. Residents volunteer at any level of commitment: as little as one hour once a week to as much as they would like. No previous experience as a professional educator required. W-JCC teachers, guidance counselors and subject specialists will provide an orientation to the school, training and on-going assistance.

Each volunteer is partnered with a child who needs additional individualized attention that will help them on their way to literacy and learning success. Our program has been recognized by the W-JCC Public Schools as a needed and valued community partner because of the enriched learning experience our residents provide for the children.

For further information on becoming a Ford's Colony Volunteer for Education, contact Muriel Slaughter at 221-8232 or [mslaught1@verizon.net](mailto:mslaught1@verizon.net).



### FRIENDS AND NEIGHBORS

As our final presentation of the 2014-2015 year, we presented a musical event featuring "The Bill and Pam Gurley Trio" at our May 1 meeting. It proved to be an entertaining mix of original music and some old favorites.

The June 5 meeting will be our traditional BBQ dinner. Please gather at S&T at 6:45 p.m. The event will be catered by Rocco's, featuring ribs, pulled chicken, chicken pieces, baked beans, BBQ sauce, cole slaw, potato salad, and corn muffins. Dessert will be a selection of cakes. A choice of bottled beers and wines will also be provided. We hope you'll join us to enjoy the warm weather, good food and interaction with friends.

There is a \$10 per person fee. Please bring your form (see [fcfan.org/2015BBQ.pdf](#)) and check to the John Pott security building no later than May 30. Volunteers are also sought to help with food service. Last-minute volunteers, please contact Kathy: [kam\\_smith@cox.net](mailto:kam_smith@cox.net).

Our new Directors (Fran Lockhart, Thomas Pearson, Carolyn Godfrey, Joan Byerly, Peggy and Ed Peterson) have begun their integration into the board and are planning the club events for the coming year. Bill Bunnell, Kathy Smith, Sharon Spitalnik, Martha and Chuck Buell will be leaving after working hard all year to make the club run smoothly. Thank you...

We wish you all a happy, healthy summer season, and hope to see you at our next meeting, 6:45 p.m., first Friday in September!



### GARDEN CLUB

We are ending our 2014-2015 garden club year with a fabulous luncheon on June 10 at 11:30 a.m. in the FCCC Pavilion. We will be installing our new board and celebrating the success of our 10th Hidden Treasures Garden Tour. We appreciate the hard work done by Janice DiSanto and Sally Stubert, the Co-chairs, and all the volunteers who worked on the committees. We also thank the homeowners who graciously opened their gardens to us.

Don't forget to renew your membership for next year's garden club. Make your check out to FCGC for \$15, put it in an envelope marked FCGC membership, Attn: Vicki Trainor, and drop it off at the John Pott gate. If your information has changed, please include the new details. Any questions, please contact Vicki at [eworkshops@cox.net](mailto:eworkshops@cox.net).

This has been a wonderful garden club year, so thank you, board members, for all of your work! Watch for a list of the new officers in next month's TOC. They are already at work planning for a fun-filled new year. Come "grow in friendship" with us. Any questions, feel free to contact Terry Sisto at [tes125@cox.net](mailto:tes125@cox.net) or Debbie Abrams at [dabramshome@hotmail.com](mailto:dabramshome@hotmail.com).



## GENEALOGY CLUB

The Genealogy Club is comprised of people whose ancestors came from many other states, and a variety of foreign lands, just like yours. Club membership offers the opportunity to speak with other club members about research challenges similar to what you may be encountering, and through our meetings to hear lectures from professional genealogists and historians on subjects of general interest, to learn about the various resources available online and in our community, and how to make the best use of them.

We meet at the S&T Clubhouse on the third Thursday of the month, at 7 p.m., and finish between 8:30 and 9 p.m., depending upon the program.

Last month we heard from Jay Gaidmore, Dir. of Special Collections, at the Swem Library, College of William and Mary, who presented a lecture on archiving methods and the special collections at the Swem Library.

Our program schedule for the remainder of the spring winds down with our Genealogy Club's own member, Board Member, and Christopher Wren instructor, Joe Sell. On June 18, he will present a lecture to help us navigate through the numerous offerings of genealogy software, to aid us in determining which software program best meets our individual needs.

Our upcoming program schedule for the fall is already taking shape:

**September 17**-Cliff Neilson, a professional genealogist with special interest in Scottish and Irish ancestry, and Christopher Wren instructor, will present a lecture on "Linking Sources to What You Think May Be Good Stuff"

**October 15**-Craig Smith, FC Genealogy Club Board Member, "Publishing Your Family Genealogy"

**November 19**-Lise Embly, Director of the Williamsburg Family History Center, will present an update on what is new on *FamilySearch.org*

Be sure to look for our club activities and resources on the Colony Website: [fchoa.org](http://fchoa.org).



## GOLF & DINE SOCIETY

The Golf & Dine Society kicked off its 2015 Schedule with a record-sized outing at Golden Horseshoe Golf Club's Gold Course. As the rain ended just hours before the shotgun start, beautiful blue skies prevailed. The winners for this tournament were: Closest to Pin – Women, Ellen Winn; Men, Keith Gorman. Longest Drives were Women – Liz Short, and Men – Jim Lockard. A Captain's Choice format was played and the Low Gross was won by the team of Mike & Linda Engelmeyer and Wayne & Jane Savage. The Low Net 2nd Place Award was a tie, with the teams of Steve & Joanne Frank, Gerri Fescina, and Marlene Nappi, tied with the team of John & Audrey Chiricotti and PT & Jane Hart. The Low Net 1st Place Award was won by the team of Cameron Place & Liz Short and Jim & Fran Lockard. Following golf, the group then dined at the Williamsburg Lodge.

The next Golf & Dine Society outing will be on May 31 on the Jamestown Course at Williamsburg National Golf Club. Results from that outing will be posted in July's Talk of The Colony.

If you would like to join the Golf & Dine Society, please send an email with your name(s) to: [gws313@cox.net](mailto:gws313@cox.net). The schedule for the remainder of the year includes outings at Kiskiack – 6/21, Colonial Heritage – 7/12, Ford's Colony – 8/23, The Club at Viniterra – 9/27, and The Williamsburg Club – 10/18. Everyone is welcome!



## HOSPITALITY

The Hospitality Committee has 38 enthusiastic volunteers who visit new Ford's Colony residents. They deliver a welcome bag filled with valuable information about Ford's Colony and the Historic Triangle and answer any questions newcomers may have concerning their new community.

If you are a new resident, whether you rent or own, and would like a visit from a Hospitality Committee volunteer, please notify Crystal Bowers at Ford's

Colony Security Office at [cbowers@fchoa.net](mailto:cbowers@fchoa.net) or 258-4080.



## MAH JONGG

An interesting fact about Mah Jongg is that, in Asian countries, men and women play competitively (for money) and for fun. When my grandmother taught me in the 1970's, her ladies played for \$5 pie, our group plays for \$3 pie. (For people not familiar with this term, pie means that you start with an agreed sum and you can't lose more than that on any one day. If you do lose your original sum, you can still get paid if you win a game.)

Over the years (since we were established in 1989), our club has welcomed all players. Both sexes find Mah Jongg stimulating to their brain while providing hours of enjoyment so we'd like to invite interested men to join our club. We play Wednesdays, at the S&T, from 1-4 p.m. and there's always room for one more player!

Having played with the 2015 National Mah Jongg Card since the beginning of April, we have found that there is an interesting assortment of new and revised hands. Because of the subtle changes, everyone (experienced and novice) has found the card enjoyable.

If you think you might like to learn the game, please contact me and we can set up mutually convenient dates and times (just not during the regular weekly game). Many players require only 2 or 3 lessons. If you have any other questions about our game, please contact me, Dorothy Fischer, by email: [dmfischer830@gmail.com](mailto:dmfischer830@gmail.com), or call 345-6663.



## MAH JONGG MAVENS

The Mah Jongg Mavens is an enthusiastic new club joining the Ford's Colony family of clubs and activities. We play Wednesday afternoons from 1 to 4 p.m. and again on Saturday from noon to 3:30-4:00ish in the back Meeting Room at Swim & Tennis. We play for points and only play hands



that appear on the new 2015 official National Mah Jongg League card. On Wednesday the player with the highest point total earns the Mahj Queen crown for the week. Saturdays are just for fun! New players are always welcome. Just bring your 2015 card and a smile!

For additional information and to let us know that you plan to join our game please contact Jane Flagello at [drjaner@sbcglobal.net](mailto:drjaner@sbcglobal.net). Happy Mahjing!



**MODEL RAILROAD CLUB**

Our June 4 meeting will feature a private screening of the great train movie, **SILVER STREAK**, starring Gene Wilder, Richard Pryor, Jill Clayburgh and other familiar faces. They're all on a long-distance train trip, a man finds romance but also finds himself in danger of being killed – or at least pushed off the train. A great way to lead into our summer vacation.



At our May meeting, Brian Gelineau presented *Scales & Gauges Worldwide*, covering model railroading from Canada to Chile, Russia to Australia, and Japan to New Zealand and other countries in between.

Eighteen members and their spouses are just back from our field trip to Roanoke, where we toured two railroad museums, stayed and dined at the historic Hotel Roanoke (built by the N&W in 1886), and saw the restored classic 611 steam back into town leading a passenger train under its own power for the first time in 25 years. See for yourself: <https://youtu.be/nLHAYdrCdI>.

Planning is well underway for our annual events: Fords Colony Model Railroad Open House on a Sunday, November 8; our model railroad display at the Library on Grand Illumination Weekend in December; and our annual dinner.

For more information, visit our club web page on the Ford's Colony

Homeowners Association web site at [www.fchoa.org](http://www.fchoa.org). Or you can contact Dean Risseeuw at 258-4887 or [Dean.Risseeuw@yahoo.com](mailto:Dean.Risseeuw@yahoo.com).



**MONDAY MORNING BRIDGE**

Come join us for the Monday Morning Bridge Group at the S&T Club. In addition to signing up for a future weekly session on Monday mornings, you may call one of the hosts below for the week you would like to play or if you have to cancel. You get to meet and play with four partners and the cost to play is only \$1 each week. We use party bridge scoring for four sets of six hands to determine the top 3 or 4 prize winners as well as the lowest scorer for the day, which also gets his \$1 back.

Please plan to sign-in, get your coffee and score tally pad, and be ready to play by 9:15 am. We start with introductions of new players and announcements including the last week's winners. Our aim is to finish by noon so folks can make it to their next activity of the day on time.

Date	Name of Host	Phone #
June 1	Mike Scholberg	220-5758
June 8	Janice Miller	229-7820
June 15	Larry Stowe	564-8550
June 22	Bob Dillman	221-6690
June 29	Carole Forsten	564- 8935
July 6	Bill Bunnell	206-1434

Note that during the refurbishment at the S&T, we still plan to continue Monday Morning Bridge there. We will keep you posted as to room changes, if any, as the information becomes available.



**NEWCOMERS**

Hurry! Hurry! Hurry! You have only days left to sign up for our Summer Sizzler Party on Friday, June 12 at 6 p.m. at the Ford's Colony Country Club Pavilion. **Our reservation deadline is June 5!** We will have a fun evening with a delicious buffet dinner, partying with your new friends and dancing (optional!) to some great 60's & 70's music! This is our final gathering before

we take our summer hiatus in July and August. You won't want to miss it! For more information, contact Jane Coleman at [momontherun11@hotmail.com](mailto:momontherun11@hotmail.com) or call 757-235-2694.

Since we will be on our summer break, please be sure to follow us in the TOC during that time. You will find our future meeting dates and program information in our articles. Our 2015 – 2016 Club year will begin in September and runs through June.

Questions? Please contact me, Linda Mathews, President, at [mathews3154@aol.com](mailto:mathews3154@aol.com) or 206-1073. Or contact our membership correspondent, Lauretta Oelerich, at [lloelerich@gmail.com](mailto:lloelerich@gmail.com). We all look forward to seeing YOU!



**PICKLEBALL**

Our playing schedule is as follows:

- Mondays: 2 - 4 p.m.  
@ Mid County Park
- Wednesdays: 9-11 a.m.  
@ Swim & Tennis
- Fridays: 9-11 a.m.  
@ Swim & Tennis

Come out and join the fun!  
[rogercallen@yahoo.com](mailto:rogercallen@yahoo.com)



**PILATES CLUB**

The Pilates Club meets Monday and Friday at 8 a.m. and Wednesday at 9:15 a.m. at the S&T Club. Contact Missy at [missykerner@hotmail.com](mailto:missykerner@hotmail.com) with any questions.



**PILATES FOR SENIORS/GOLFERS**

Ladies and Gentlemen, join us on Mondays, Wednesdays (4 p.m.) and / or Tuesdays and Thursdays (2:30 p.m.) for Pilates at the S&T Club. The opportunity to improve flexibility, core muscle strength and general well-being is available in four different class sessions. We invite you to join us either day to meet Alona Casanave, a certified Body Art and Science International and Stott Pilates Instructor.

Monday and Wednesday classes: the

focus is Pilates for Golfers seeking to improve their physical condition and to learn techniques that will enhance their performance on the golf course.

Tuesday and Thursday classes: The focus is on Mat Pilates for those who seek greater strength, flexibility, coordination, and range of motion and Standing Pilates, a combination of Pilates and Yoga, which has an additional focus on cardiovascular workout.

We encourage you to come and check us out. We are sure you will find some activity that will benefit you.

Contact Wilhelmina White at [hwhite34@cox.net](mailto:hwhite34@cox.net) or 645-2519.



**PINOCHLE CLUB**

Have you ever played pinochle? Do you like to socialize and meet new people? Why not join us for a few rounds? Whether or not you are an old hand or just learning, we would love for you to join us. We play double deck pinochle every Thursday from 1:30 to 4 p.m. at the Swim and Tennis Club. We will be playing June 4, 11, 18 and 25 if you would like to get to know us.

The rules have never changed, but a set of rules are available to refresh old minds if you would like. If you would like to know more about the Pinochle Club or would like to try us out contact Bill Loscalzo at 564-7447 or email [wloscalzo@aol.com](mailto:wloscalzo@aol.com). Please let us know in advance so we can reserve a seat at one of the tables.



**ROUND ROBIN BRIDGE**

The Round Robin Bridge Group will meet at the S&T Club on Thursday, June 11 at 7 p.m. Round Robin Bridge meets at the S&T Club on the second Thursday of the month.

June will be the last time we will be playing until September. We do not play during the summer.

Our Host and Hostess for June are: Charlie and Jan Skillman email: [jmskillman@cox.net](mailto:jmskillman@cox.net) or 258-4930.

*Please let them know if you are planning to play bridge this month.*

If you want Round Robin Bridge to continue, we need for a Chairperson to take over beginning in September. Contact Ida McNamara at [idalmac@cox.net](mailto:idalmac@cox.net), or 645-3763 or Margaret/Bill Bunnell at [Bunnellhome7@aol.com](mailto:Bunnellhome7@aol.com) or 206-1434 for any questions.

Round Robin Bridge Dinner  
Wednesday, June 24  
Ford's Colony Country Club  
Banquet Room  
6:00 p.m.–Cocktails  
6:30 p.m.–Dinner

The cost will be \$26 per person, which covers dinner, coffee, tea, and dessert. (Alcoholic drinks are extra). You can pay using your member number or by check. Prizes will be awarded at the banquet. Please let Margaret Bunnell, Debbie Boggio, or Ida McNamara know if you plan to attend and if you plan to bring a guest.



**SILVER SNEAKERS®**

Silver Sneakers® is designed to improve well-being through fitness education involving strength training, balance, and flexibility, as well as teaching the importance of drinking water while exercising. It is the nation's leading exercise program for active older adults, with nearly 2 million participants. The goal is to improve physical and mental health, minimize age-related physical degeneration as well improve cardiovascular endurance, muscular strength, and body composition, flexibility, speed, power, agility balance and coordination. Participants are encouraged to become more aware of their personal health status including the importance of fall prevention. Our certified instructor is Sonya Thomas (CardioFit, Muscular Strength Range of Motion, and First Aid CPR AED).

The class consists of group exercise that encourages fitness, fun, and friends for maximum peer socialization and an increase in each individual's sense of well-being. Exercises are done while either sitting in a chair or standing, keeping one foot on the floor at all times. Weights, stretch bands, and a ball are provided. Participants must wear sneakers and clothing appropriate

for exercising, and bring a bottle of water to drink throughout the session.

Our group meets at the S&T Club at 11 a.m., Tuesdays and Thursdays, for one hour and is open to both men and women. The class is limited to 30 participants. To register for the class you must contact Sonya at 254-4917. For general information, please contact Charlene Newstrom at 220-9339 or [cknewstrom@cox.net](mailto:cknewstrom@cox.net).



**SOLITAIRES**

Solitaires is Ford's Colony's social group for anyone who is single or single again. We welcome new members at any time.

Our end of the year boat trip on the Jamestown Discovery Boat Tour will be taking place on June 11. Boarding time is 4 p.m. After a 90-minute trip to enjoy the scenic river views, we plan to eat dinner at a local restaurant. Please contact Roy Rolph or Harold Hall with any questions about this trip.

Our monthly third Thursday dinner social at Harry's for June will be held on the 18th at 6 p.m. Please let Joan Emerson or Sondra Markoff know by June 14 if you plan to attend. Joan's contact information is 229-4703 or [joan.emerson@yahoo.com](mailto:joan.emerson@yahoo.com) or Sondra can be reached at 229-8931 or [emmarkoff@aol.com](mailto:emmarkoff@aol.com).

While Solitaires takes a break from scheduling activities during the summer, we still meet at Harry's for our third Thursday socials during July and August. If your summer schedule permits, we would love to see you there. As John Gay once said, "We only part to meet again." Enjoy the wonderful summer months and hope to see you all soon!

To find out more information on Solitaires, please contact Roy Rolph at 258-9016, Harold Hall at 345-5726, or Janice Svendsen at 258-0244.



**SWIM TEAM**

GO KILLER WHALES! Swim Team practice starts June 1! It's not too late to register your swimmer for the 2015

swim season. Please contact Kelly Arne at [kellyarne.fcst@gmail.com](mailto:kellyarne.fcst@gmail.com) for more information or visit [fordscolonyswimteam.com](http://fordscolonyswimteam.com) for registration forms.

The first home swim meet at Ford's Colony Westbury Park Pool is on June 15 at 6 p.m. Come out and support the KILLER WHALES and see how much fun we have!



**TAI CHI**

**NHI HAO (HELLO)**

The Tai Chi Club finished their Spring Semester on May 27, so we're on summer break until June 24. Tai Chi Members may still (on a voluntary basis) use the Tai Chi Facility on Wednesday 4:30 to 5:30/6 p.m. to practice Tai Chi Movements and Forms, even though no Instructor will be present.

NOTE: The FC Tai Chi Facility will switch from the S&T Club to Bay #2 at the FC Community Service Building (CSB) on Thursday, July 2. The CSB is off Manchester Road just prior to exiting FC through Manchester Gate onto Centerville Road.

The 2015 Additional Tai Chi Course will be conducted on Wednesdays from July 1 to September 2 and will consist of the First Half (12 Movements) of the 24 Hybrid Form. The (Sifu) Instructor for this course will be Stan Rockwell (253-1462).

Questions: Elmer May, President, 259-9905; Linda Thomson, V.P., 229-3195; Susan Deane, Treasurer, 849-2405.

**ZHAI JIAN (GOODBYE)**



**TENNIS CLUB**

The Men's Tennis Activities: The first Men's Social, scheduled for May 11, had to be postponed until June 8. Other socials will take place on July 13 and September 14.

In the Williamsburg Men's Doubles League, the men have played two matches, winning against McCormack-Nagelsen (2-1) and losing to Kingsmill (1-2). Interested players please contact Mike Harbin at [michaelcharbin@cox.net](mailto:michaelcharbin@cox.net). Come on out and play!

The Ladies' Tennis Activities: The Ladies Spring Tennis Social and Luncheon will be held on Friday, June 12 at Westbury Park. Please join us for a fun morning of Round Robin tennis immediately followed by a delicious catered lunch under the Pavilion located next to the Westbury Park pool. The cost is \$13, made payable to FCTC. The deadline to sign up is June 10. Please contact Mo Costantino at [momo39@cox.net](mailto:momo39@cox.net) or 345-3179. All players are asked to be at the Westbury courts by 8:30 a.m. so that they may get their court assignments and be ready to begin warming up at 8:45. Play will end at about 11 a.m.

Watch for the Tennis Tidings for more information on the ladies' and men's activities. If you have any questions about membership in the tennis club, please contact Bob Cleveland at [rwc4141@aol.com](mailto:rwc4141@aol.com).



**THEATRE CLUB**

Well, it's THAT time of year! Yes, it's time to celebrate another entertaining season of songs, new talent, comedy skits, pop music and a game show challenge. We're talking about the club's annual dinner, this year with barbeque ribs and all the "fixins". In June, dinner will be provided by Rocco's Smokehouse Grill. For those not familiar with this specialty restaurant on Bypass Road, it's been in business for 20 years, the last 15 featuring smoked meats; it has become the prime destination for hungry bus trippers from all over the country.

Due to a conflict in dates, the dinner is rescheduled for **Saturday, June 13 at 6:30 p.m.** at the Swim and Tennis Club. Dinner will include smoked beef, pork and chicken, cole slaw, mac and cheese, and cornbread. **BYOB if you'd like;** tea, coffee and soda will be provided.

Election of officers will be held; the position of treasurer is open. Interested?

What's a good dinner without a short entertainment? Chris Schwenker, S&T Manager will host Debbie and Cindy King singing, with Jack Wagner at the piano.

For members, the cost will be \$12/person, non-members, \$15/person. In order to assure food for all, **no payment at the door will be taken.** You must pay in advance by leaving an envelope with a check to "Ford's Colony Theatre Club" at the John Pott gate. Mark the envelope with your name, phone number, and the number attending. Deadline at the gate is Tuesday, June 9.

Want to preview next season's shows? The cat will be partly out of the bag that night. See you there.



**TRAILBLAZERS**

The Trailblazers' Club will have its annual ice cream social on Monday, June 8, at 7 p.m. in the S&T Club. While we enjoy our frozen dessert, we'll be viewing a DVD presentation of our many outdoor adventures since last September, giving us the opportunity to see ourselves hiking, biking, and kayaking in the beautiful parks, fields, woods, and rivers that surround where we live. Each of those outings culminated in a great lunch at a local restaurant where we had the chance to relax and discuss the day's fun.

As always, we want to thank the man who not only plans and organizes these activities, but then prepares the DVD so that we can enjoy them all over again—Prince Butler! As we all enjoy our summer hiatus, we invite you to explore the Ford's Colony Nature Trail. This is the season to take in the wooded beauty of the home we have all chosen to live in. See you in September!



Trailblazers 'GO APE!' Picture taken by Tom Thompson who also went APE!



## TRAVEL CLUB

The annual meeting and dinner held at the Ford's Colony Country Club was a huge success featuring sophisticated dining, beautiful décor and a load of fun thanks to the efforts of Muriel Ashley, Barbara Farrell, and Vanessa Trent as well as the Chef and staff. Thank you all.

The month started with a visit to Harbor Park where we saw a great baseball game. The Tides won in 14 innings 4-3, a fun night. As you read this, 29 members of the Club are visiting Santa Fe, New Mexico and its environs well known for art and beauty. Watch the TOC for the report on this exciting trip.

The newly-elected administration: Al Ashley, President, Bill Kornbluh, Secretary, Wini Coffman, Treasurer, and Muriel Ashley and Vanessa Trent as Vice Presidents. Travel Planners are planning a fantastic 2015-2016.

It all starts with a trip to the Marine Corps' legendary base at Quantico on September 24, where we will take part in Marine Expo, visit Basic School, have lunch with some Marines at one of the galleys, and see a martial arts demonstration. The price is \$65, but it is sold out. To get on the wait list, email Al Ashley at [almuash@cox.net](mailto:almuash@cox.net).

This is followed by an exciting and educational tour of the Yorktown Battlefield on October 12 when Michael Moore will regale the group with a detailed story of this world-changing battle from Endview Plantation to Surrender Field. The price is \$70 pp. Contact Vanessa Trent at [Vanessa.trent@cox.net](mailto:Vanessa.trent@cox.net).

In 2016, the Travel Club, led by its past president Tim Farrell, will once again visit Israel June 2 through 12 with an optional extension to Petra. The cost for the Israel land portion is approximately \$3,450, double occupancy. If you want to book air and land, the cost is approximately \$4,600. The cost of the Petra extension is not yet set. In Israel, we will walk in the footsteps of Christ in Galilee, tread the biblical streets in Jerusalem, visit Masada, swim, or should I say float, in

the Dead Sea, work in an archeological dig, and much more. Ask anyone who joined our prior trips to Israel: this is a life-altering experience. It shouldn't be missed. Contact Al Ashley at [almuash@cox.net](mailto:almuash@cox.net) or Tim Farrell at [rayjock@gmail.com](mailto:rayjock@gmail.com).

Next year will also feature trips chocked full of great stars, exciting entertainment, and fun:

- Kinky Boots in December in Norfolk with dinner at one of Norfolk's best restaurants
- The Royal Philharmonic at Ferguson on January 9, 2016, coupled with dinner at a restaurant to be determined.
- Beauty and The Beast at Ferguson on February 12 or 13, 2016 also with Dinner, and
- The Broadway show portion of the year concluding with the Lion King at the Atria in Richmond and dinner on Saturday April 23, 2016.

Please indicate your interest in any of these shows by emailing Muriel at [muashley@gmail.com](mailto:muashley@gmail.com) or Vanessa at [Vanessa.trent@cox.net](mailto:Vanessa.trent@cox.net). This is not a commitment; no deposit is required at this time and will not be requested until firm prices are established. Your indication of interest will help us determine how many tickets to reserve.

To participate in trips, you must be a member of the Travel Club. Please pay your dues. 2016 dues of \$7.50 per person are due June 1, 2015. Just drop your check at the John Pott Gate.



## WATER AEROBICS

Both Women and Men of Ford's Colony are cordially invited to participate again this summer in Water Aerobics Classes offered at the S&T Pool. We meet from 8:45 to 9:45 a.m. weekdays (Monday thru Friday) starting on Monday, June 1. Our instructors have been involved in these classes for a number of years, including Sue Zlydaszek, Tom Thompson, and Emily Cash (on Mon-Wed-Fri) and Jan Pohl (on Tues-Thurs). M/W/F classes will include interval training using aquatic exercises to develop balance, flexibility, endurance, strength, and body tone. T/T classes will be lowerimpact and

low to moderate intensity designed to increase joint mobility and full range of motion. No swimming ability needed for any class. *All are welcome!*

Note that FCHOA requires participants to sign a waiver, which will be available during the first few weeks of classes. There is no charge for the classes, but we ask participants to make a donation at the end of the season so we can reward our instructors for their hard work and time.



## WOMEN'S BIBLE STUDY

The Women's Bible Study finished their study on the Names of God: how we can know more about God through His Names and how God is relevant to women in the 21st Century.

We will begin a new study beginning Tuesday mornings, September 15. All Ford's Colony women are invited to attend, regardless of their knowledge of the Bible. For more information, please contact Stephi Fisher at 291-4888.



## WOODWORKERS

There was no May TOC meeting. During June, one of our FC Woodworkers is going to present his latest project for his home. Details will be emailed to members in early June. Anyone wanting to join the FC Woodworkers' Club should email Ralph Spohn at [ralph@alum.mit.edu](mailto:ralph@alum.mit.edu).



## YOGA

Happy summer! The Ford's Colony Yoga group invites everyone to experience our yoga classes. Our Tuesday/Thursday morning all-level yoga classes continue from 9:15-10:30 a.m. Yoga classes are in the main room of the S&T Club.

In June, we will have all of our classes. Next month, we will have class on July 2, but no classes on July 7 or 9. Inquiries: contact Tricia at [yoga-classes@cox.net](mailto:yoga-classes@cox.net).

## HOUSEHOLD

**GE Profile Dishwasher - White - \$200**  
Model PDWT200V00WW. Excellent condition, seldom used. Purchased 2012; remodeling. Please Call: 919-740-8807

**Solid Wood Roll-top Desk by Lenoir House - \$75**  
Chair not included. Please Call: 919-740-8807

**Williamsburg Blue Sofa - \$175**  
Excellent condition. Please Call: 919-740-8807

**Thomasville Collector's Cherry Dining Room Set - \$2,800**  
Like new. Table opens to 9' and has custom pad that fits with all size options. Six chairs, (2) captain, lighted china closet and mobile server. Please Call: 757-258-3323

**Rugs - Negotiable**  
8'x10' Indo, 9'2" x 6' Persian SARUKH design, hall runner 2'7" x 9'10" Indo, three smaller scatter rugs. Please Call: 757-258-3323

**Hamilton Grandfather Clock - \$1,250**  
Excellent condition. 30 years old. Solid oak with 3 different chimes to choose. Recently had it cleaned. Please Call: 757-235-2694

**1800s Maryland Blanket Chest - \$550**  
Lovely antique chest with blue milk paint trim. Size: 49L X 24W X 22 high. Perfect for storage, coffee table or any antique lover! Please Call: 757-229-1630

**Waterford Castlewood Trifle Crystal Bowl - \$950**  
Designer Studio Jim O'Leary, outstanding crystal bowl for a Waterford collector. Please Call: 757-564-1830

**Brass Duck Head Fireplace Tools - \$10**  
Set includes 4 tools, 1 shovel, 1 brush, 1 pick & tong/log holder. Please Call: 757-870-8058

**Unique Bicycle Planter for Garden - \$200**  
Holds plants in pots behind seat, basket in front, on seat and two plants in pedal area. Featured in previous Hidden Gardens Garden Tour. Please Call: 757-345-5236

**Oriental Rug - \$750**  
Dining Room Rug - 8'10" x 12' - in excellent condition. Please Call: 757-564-1830

**Dining Room Table with 6 Chairs - \$1,000**  
Includes pads. When open seats 10. Please Call: 757-220-0145

**Sofa, Loveseat and Two Marble Top Tables - \$1,500**  
French Provençal. 30 years old, but like new. Please Call: 757-565-5113

**Seven Piece Outdoor Dining Table and Chairs - \$375 obo**  
Tempered glass table with six comfortable stacking arm chairs. Great condition! Please Call: 757-903-4343

**4 Piece, White Wicker Furniture Set - \$200 obo**  
All weather white resin wicker. The set consists of a love seat, 2 chairs and a glass top coffee table. All weather cushions included. Please Call: 757-870-8058

## MISCELLANEOUS

**Custom-made Solid Wood Workbench with lower shelf - \$150**  
92"L x 31"W x 36"H  
Please Call: 919-740-8807

**Wallpaper - \$25**  
12 Double rolls, 20 1/2" x 11 yds. Each Floral pattern #598151 by Village. Please Call: 919-740-8807

**Several Items - See below**  
Card Table with 4 chairs - \$25  
(2)- 3 ft. wood planters for planting - \$10 for two  
Bike Rack - \$5  
Metal Log Carrier/Holder - \$5  
Please Call: 757-258-9767

**Automobile Wheels - \$900**

**Set of 4 staggered Mercedes-Benz AMG wheels**  
Replaced on new car upon delivery. Front wheels 8" x 18", rear 8 1/2" x 18". Prices new- Front wheels \$990 each, rear \$1,050. Set of 4 wheels \$4,080. Please Call: 757-564-1771

**Lawn Boy Gas Lawnmower - \$75**  
20" wide, self-propelled. Please Call: 757-903-2820

**New Tempur-Pedic Travel Set - \$250 obo**  
Set includes a mattress overlay, Travel size Tempur-Pedic neck pillow with grey velour zipper cover, and convenient pull-behind bag. Never out of bag. Sells for \$379  
Please Call: 757-258-5945

**Otterbox Defender Case iPhone 6 Plus and Belt Clip Holster - \$35**  
Like new, black, robust, 3-layer protective case withstands drops, bumps and shock. Built-in screen protector guards against scratches. Port cover keeps out dust and debris. Built in screen protector shelters every inch of your 5.5" touch-screen, defending against scratches, scrapes and scuffs. Please Call: 757-564-1171

## RECREATIONAL /SPORTS

**Cabana Tent - \$50**  
Blue and White Coleman, 6-sided, for beach or back yard. Please Call: 919-740-8807

**26 "Schwinn Legacy "Cruiser" Women's Bike - \$75**  
Turquoise in color, in near new condition. This 1-speed bike has a rear coaster brake system for quick and safe stops. It has a steel bicycle chain, front fender, spokes and plastic pedals. Great for "cruising" around the colony. Please Call: 978-609-2050

## SERVICES

**Computer and Electronics Repair and Setup**  
I am a William & Mary student, and FC resident; looking for computer repair work. I can fix and setup just about anything computer related. Also, I can set up wireless networks, TVs, and etc. Please Call: 757-817-0513

**Dog Walking**  
I live in Ford's Colony. Love to walk & love dogs. Available 7 days a week. Feel comfortable on a day trip while your dog is being taken care of. If your dog needs daily exercise call me. Please Call: 757-235-2694 or Email: [momontherun11@hotmail.com](mailto:momontherun11@hotmail.com)

**Pet Sitting & Chores while you're away!**  
I have been associated with an animal rescue group for 10 years & am available to bring in your mail, newspaper, help keep things tidy and take care of your animal(s) while you're away. Price varies. References are available upon request. Please Call: 757-870-2718


**Pet Care**  
Dog walks and pet care in your home. House sitting, pick up mail, water plants, run errands. References, Licensed and Bonded. Please Call: 757-593-4424 or Email: [moretime4u@yahoo.com](mailto:moretime4u@yahoo.com)


## WANTED

**Eaglescliffe Condominium**  
Owners only, no agents, please. Longtime Ford's Colony resident, retired atty., MGA mbr. highly flexible with most terms and arrangements. Please Email: [rsl62@columbia.edu](mailto:rsl62@columbia.edu)

**Plant Watering Services Needed**  
I need my outside plants watered. Whatever you consider a fair charge, I will be willing to pay! Please Call: 757-229-4703 Or Email: [joan.emerson@yahoo.com](mailto:joan.emerson@yahoo.com)

**Gently Used Queen Mattress, Box Spring & Frame**  
We are in need of a bed for our guest room. We will pick up and pay a reasonable price. Please Call: 757-564-3336 or Email: [gbrown060@gmail.com](mailto:gbrown060@gmail.com)

 denotes photos of the item are available at [fchoa.org](http://fchoa.org)  
To submit your classified ad, please go to [fchoa.org](http://fchoa.org) and click on "Classifieds" and then click on "Submit your Classified Ad," fill in the appropriate information. Ads must be 40 words or less. Two items may be featured. Classified ads are free to FC residents. There is a \$20 fee for non-residents. All classified ads also appear on the [fchoa.org](http://fchoa.org) website. All ads must be received by the 15th of each month for the following month. Printed ads are based on space availability.



COLONY KIDS PRESENTS...  
THE ANNUAL  
4<sup>TH</sup> OF JULY  
PARADE & CELEBRATION!

BRING YOUR DECORATED AND DRESSED UP KIDS,  
DOGS, BIKES, WAGONS, STROLLERS, ETC. AND  
CELEBRATE WITH YOUR NEIGHBORS

WHEN – SATURDAY, JULY 4<sup>TH</sup> 10A.M.  
WHERE – WESTBURY PARK

BRING YOUR BATHING SUITS AND TOWELS; THE  
POOL WILL BE OPEN RIGHT AFTER THE PARADE!

COMPLIMENTARY WATER AND SNACKS AND PIZZA \$1  
PER SMALL SLICE (CHEESE OR PEPPERONI)

PLEASE RSVP HERE: [HTTP://TINYURL.COM/FCK4TH](http://tinyurl.com/fck4th)

IF YOU WOULD LIKE TO ORDER A WHOLE CHEESE OR PEPPERONI  
PIZZA IN ADVANCE (16 SMALL SLICES), PLEASE RETURN THIS  
FORM WITH \$16 CASH FOR EACH PIZZA TO THE JOHN POTT  
GUARD HOUSE BY JULY 2<sup>ND</sup>.

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

# CHEESE: \_\_\_\_\_ # PEPPERONI: \_\_\_\_\_



## Life at Williamsburg Landing... *embrace it*

*It's* about what's important to you. Maintain your lifestyle and feel secure about your future. Enjoy life among friends knowing you have:

- A choice of diverse homes styles in a beautiful residential setting
- Superb dining and resort-style health club and spa
- Resident representation on the local Board of Directors
- Assisted living and memory care if you need it
- Established community with financial stability

Welcome to Williamsburg Landing. *It's life at its best.*

Call today  
for a tour

(757) 634-3956

[www.WilliamsburgLanding.com/fc](http://www.WilliamsburgLanding.com/fc)



Williamsburg's only  
accredited Continuing Care  
Retirement Community.



**CHARLES ROSS HOMES**

CUSTOM HOMES • REMODELING • DESIGN/BUILD



*Get the New Kitchen you Deserve.  
Give us a call today!*

[www.charlesrosshomes.com](http://www.charlesrosshomes.com) (757) 565-5630



## WHAT TIME IS IT?

*Presented by Ed Golden, President*

Many seniors still live at home. When is it time to consider the services of a professional caregiver? If driving is no longer a safe option, professional caregivers can provide the transportation required to get their senior clients to medical appointments, to run errands, or to visit friends and attend social and religious events. Caregivers can help seniors make grocery lists of healthy foods that they can eat, and they can even do the shopping for them. If seniors have cut back on their activities, professional caregivers can encourage them to continue with their hobbies, participating with them to make things more enjoyable. It may be time to start taking advantage of the many services offered by professional caregivers.

If you have noticed that your loved one hasn't been able to enjoy life fully, then you need to call COMFORT KEEPERS. Our compassionate caregivers provide the hands-on care that your loved one needs to stay healthy at home, including help with daily chores like bathing, dressing, and running errands. We can also provide the cheerful companionship that will make you feel better about your loved one's choice to age in place.

**For More Information Call  
(757) 229-2777**



**Comfort  
Keepers.**

[www.comfortkeepers.com](http://www.comfortkeepers.com)